

STARBUCKS®
Autumn FY20 Beverage Nutritional Information

Product	Size	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbo-hydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Espresso Drinks											
Caffe Latte - Skimmed Milk	Short	257	60.0	0.2	0.0	9.0	8.0	0.0	5.8	0.2	75
	Tall	435	102	0.3	0.0	15.3	13.3	0.0	9.7	0.3	150
	Grande	543	128	0.3	0.0	19.0	17.0	0.0	12.3	0.3	150
	Venti	713	168	0.4	0.0	25.0	22.0	0.0	16.0	0.4	225
Caffe Latte - Semi - skimmed Milk	Short	357	85	2.9	1.8	8.7	7.7	0.0	6.1	0.2	75
	Tall	602	143	4.8	2.9	14.7	12.7	0.0	10.3	0.3	150
	Grande	757	180	6.1	3.7	18.3	16.3	0.0	12.9	0.3	150
	Venti	989	235	7.9	4.8	24.1	21.1	0.0	16.9	0.4	225
Caffe Latte - Whole Milk	Short	450	108	5.8	3.7	8.5	7.5	0.0	5.5	0.2	75
	Tall	756	181	9.6	6.1	14.5	12.5	0.0	9.2	0.3	150
	Grande	954	228	12	7.8	17.9	16.0	0.0	11.6	0.3	150
	Venti	1245	298	16	10.1	23.6	20.7	0.0	15.2	0.4	225
Caffe Latte - Soya	Short	295	70	2.7	0.5	5.9	5.0	0.8	5.2	0.2	75
	Tall	499	119	4.5	0.8	10.2	8.2	1.3	8.7	0.3	150
	Grande	625	149	5.8	1.0	12.5	10.5	1.7	10.9	0.4	150
	Venti	819	195	7.5	1.3	16.6	13.6	2.2	14.3	0.5	225
Caffe Latte - Coconut	Short	322	77	4.0	3.7	6.7	5.1	3.4	2.0	0.08	75
	Tall	544	130	6.6	6.1	11.5	8.5	5.6	3.4	0.1	150
	Grande	683	164	8.5	7.8	14.2	10.9	7.1	4.1	0.2	150
	Venti	893	214	11.0	10.1	18.8	14.1	9.2	5.5	0.2	225
Caffe Latte - Almond	Short	182	43	1.9	0.2	5.1	4.0	0.5	1.2	0.1	75
	Tall	310	74	3.2	0.3	8.9	6.6	0.8	2.1	0.2	150
	Grande	384	92	4.1	0.3	10.8	8.5	1.0	2.4	0.2	150
	Venti	506	121	5.3	0.4	14.4	11.0	1.3	3.3	0.3	225
Caffe Latte - Oat	Short	531	127	4.3	2.6	18.4	10.7	3.2	2.0	0.2	75
	Tall	890	212	7.2	4.3	30.9	17.8	5.3	3.4	0.4	150
	Grande	1126	269	9.2	5.4	39.0	22.8	6.8	4.1	0.4	150
	Venti	1468	350	11.9	7.0	50.9	29.5	8.8	5.5	0.6	225
Vanilla Latte - Skimmed Milk	Short	410	96	0.2	0.0	18.1	17.1	0.0	5.7	0.2	75
	Tall	660	155	0.3	0.0	28.7	26.9	0.0	9.5	0.3	150
	Grande	852	201	0.3	0.0	37.2	35.3	0.0	12.1	0.3	150
	Venti	1091	257	0.4	0.0	47.5	44.8	0.0	15.7	0.4	225
Vanilla Latte - Semi- skimmed Milk	Short	510	121	2.9	1.8	17.7	16.8	0.0	6.0	0.2	75
	Tall	826	196	4.8	2.9	28.2	26.4	0.0	10.1	0.3	150
	Grande	1066	253	6.1	3.8	36.6	34.6	0.0	12.8	0.3	150
	Venti	1367	324	7.9	4.8	46.7	43.9	0.0	16.6	0.4	225
Vanilla Latte - Whole Milk	Short	602	143	5.7	3.7	17.6	16.6	0.0	5	0	75
	Tall	979	233	9.5	6.1	27.9	26.1	0.0	9	0	150
	Grande	1264	301	12.3	7.8	36.2	34.3	0.0	11	0	150
	Venti	1622	386	15.8	10.1	46.2	43.4	0.0	15	0	225
Vanilla Latte - Soya	Short	448	106	2.7	0.5	15.0	14.1	0.8	5.1	0.2	75
	Tall	723	172	4.5	0.8	23.7	21.9	1.3	8.5	0.3	150
	Grande	934	222	5.8	1.0	30.8	28.8	1.7	10.8	0.4	150
	Venti	1197	284	7.5	1.3	39.2	36.4	2.2	14.0	0.5	225
Vanilla Latte - Coconut	Short	447	107	4.6	4.3	15.5	14.1	0.3	0.6	0.1	75
	Tall	722	172	7.7	7.1	24.5	21.9	0.5	1.1	0.2	150
	Grande	932	222	9.9	9.2	31.8	28.8	0.7	1.2	0.2	150
	Venti	1195	285	12.7	11.8	40.5	36.4	0.9	1.7	0.2	225
Vanilla Latte - Almond	Short	335	79	1.9	0.2	14.2	13.1	0.5	1.1	0.1	75
	Tall	536	127	3.2	0.3	22.4	20.3	0.8	1.9	0.2	150
	Grande	692	164	4.1	0.3	29.1	26.8	1.0	2.2	0.2	150
	Venti	885	210	5.3	0.4	37.0	33.8	1.3	3.0	0.3	225
Vanilla Latte - Oat	Short	683	162	4.3	2.6	27.5	19.8	3.2	1.9	0.2	75
	Tall	1113	265	7.1	4.2	44.3	31.4	5.3	3	0.3	150
	Grande	1437	342	9.2	5.5	57.4	41.1	6.8	4.0	0.40	150
	Venti	1844	438	11.8	7.0	73.4	52.2	8.8	5.2	0.57	225
Latte Macchiato - Skimmed Milk	Short	200	47	0.1	0.0	7.0	6.0	0.0	4.5	0.12	75
	Tall	337	79	0.2	0.0	11.9	10.0	0.0	7.5	0.20	150
	Grande	401	94	0.2	0.0	14.1	12.1	0.0	9.0	0.24	150
	Venti	563	133	0.3	0.0	19.9	16.9	0.0	12.6	0.34	225
Latte Macchiato - Semi - skimmed Milk	Short	276	66	2.2	1.3	6.8	5.8	0.0	4.7	0.12	75
	Tall	462	110	3.6	2.2	11.5	9.6	0.0	7.9	0.20	150
	Grande	554	132	4.4	2.7	13.6	11.6	0.0	9.5	0.24	150
	Venti	776	184	6.1	3.7	19.2	16.2	0.0	13.2	0.34	225
Latte Macchiato - Whole Milk	Short	346	83	4.4	2.8	6.7	5.7	0.0	4.2	0.12	75
	Tall	578	138	7.2	4.6	11.3	9.4	0.0	7.1	0.20	150
	Grande	695	166	8.7	5.6	13.4	11.4	0.0	8.5	0.24	150
	Venti	972	232	12.2	7.8	18.8	15.9	0.0	11.9	0.34	225
Latte Macchiato - Soya	Short	229	55	2.1	0.4	4.7	3.7	0.6	4.0	0.13	75
	Tall	385	92	3.4	0.6	8.2	6.2	1.0	6.7	0.22	150
	Grande	460	110	4.1	0.7	9.5	7.5	1.2	8.0	0.27	150
	Venti	645	154	5.7	1.0	13.4	10.5	1.7	11.2	0.37	225
Latte Macchiato - Coconut	Short	225	54	3.5	3.2	5.0	3.7	0.2	0.6	0.10	75
	Tall	371	89	5.5	5.2	8.5	5.9	0.4	1.1	0.10	150
	Grande	496	119	7.7	7.2	11.0	8.2	0.5	1.2	0.10	150
	Venti	681	163	10.4	9.7	15.2	11.2	0.7	1.8	0.20	225
Latte Macchiato - Almond	Short	141	34	1.4	0.1	4.1	3.0	0.4	1.0	0.10	75
	Tall	231	55	2.2	0.2	6.8	4.7	0.6	1.7	0.10	150
	Grande	327	78	3.4	0.3	9.3	7.1	0.8	2.1	0.20	150
	Venti	427	102	4.3	0.4	12.3	9.0	1.1	2.9	0.20	225
Latte Macchiato - Oat	Short	407	97	3.3	1.9	14.1	8.1	2.4	1.6	0.20	75
	Tall	679	162	5.4	3.2	23.7	13.3	4.0	2.7	0.30	150
	Grande	818	195	6.5	3.9	28.4	16.2	4.9	3.1	0.30	150
	Venti	1143	272	9.1	5.4	39.8	22.6	6.8	4.5	0.40	225
Filter Coffee	Short	7	2	0.0	0.0	0.0	0.0	0.0	0.3	0.0	157
	Tall	10	2	0.1	0.0	0.0	0.0	0.0	0.4	0.0	229
	Grande	13	3	0.1	0.0	0.0	0.0	0.0	0.6	0.0	308
	Venti	16	4	0.1	0.0	0.0	0.0	0.0	0.7	0.10	387
Espresso	Solo	24	6	0.0	0.0	1.0	0.0	0.0	0.4	0.00	75
	Doppio	48	11	0.0	0.0	2.0	0.0	0.0	0.7	0.00	150
Espresso Con Panna	Solo	265	64	5.8	4.2	2.4	1.4	0.0	0.7	0.00	75
	Doppio	333	80	6.8	4.9	3.6	1.6	0.0	1.1	0.00	150

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Cortado - Skimmed Milk	Short	187	44	0.1	0.0	6.8	4.8	0.0	4.0	0.10	150
Cortado - Semi - skimmed Milk	Short	247	59	1.7	1.1	6.6	4.6	0.0	4.2	0.10	150
Cortado - Whole Milk	Short	303	72	3.5	2.2	6.5	4.5	0.0	3.8	0.10	150
Cortado - Soya	Short	210	50	1.6	0.3	5.0	3.0	0.5	3.6	0.11	150
Cortado - Coconut	Short	209	50	2.8	2.6	5.3	3.0	0.2	0.9	0.05	150
Cortado - Almond	Short	141	34	1.2	0.1	4.5	2.4	0.3	1.2	0.06	150
Cortado - Oat	Short	352	84	2.6	1.5	12.5	6.4	1.9	1.7	0.12	150
Espresso Macchiato - Skimmed Milk	Solo	31	7	0.0	0.0	1.3	0.3	0.0	0.5	0.01	75
	Doppio	70	16	0.0	0.0	2.8	0.8	0.0	1.3	0.02	150
Espresso Macchiato - Semi - skimmed Milk	Solo	34	7	0.0	0.0	1.3	0.3	0.0	0.5	0.01	75 - 85
	Doppio	80	19	0.3	0.2	2.8	0.8	0.0	1.3	0.02	150 - 170
Espresso Macchiato - Whole Milk	Solo	37	9	0.2	0.1	1.2	0.3	0.0	0.5	0.01	75
	Doppio	90	21	0.6	0.4	2.8	0.8	0.0	1.2	0.02	150
Espresso Macchiato - Soya	Solo	32	8	0.1	0.0	1.2	0.2	0.0	0.5	0.01	75
	Doppio	74	17	0.3	0.1	2.5	0.5	0.1	1.2	0.02	150
Espresso Macchiato - Coconut	Solo	32	8	0.2	0.1	1.2	0.2	0.0	0.4	0.00	75
	Doppio	74	17	0.5	0.4	2.5	0.5	0.0	0.8	0.01	150
Espresso Macchiato - Almond	Solo	28	7	0.1	0.0	1.1	0.1	0.0	0.4	0.00	75
	Doppio	62	15	0.2	0.0	2.4	0.4	0.1	0.8	0.01	150
Espresso Macchiato - Oat	Solo	40	9	0.1	0.1	1.6	0.4	0.1	0.4	0.01	75
	Doppio	98	9	0.1	0.1	1.6	0.4	0.1	0.4	0.01	150
Café Americano	Short	23	5	0.0	0.0	1.0	0.0	0.0	0.4	0.00	75
	Tall	46	11	0.0	0.0	2.0	0.0	0.0	0.7	0.00	150
	Grande	69	16	0.0	0.0	3.0	0.0	0.0	1.1	0.00	225
	Venti	92	22	0.0	0.0	4.0	0.0	0.0	1.4	0.00	300
Cappuccino - Skimmed Milk	Short	206	49	0.1	0.0	7.3	6.3	0.0	4.6	0.13	75
	Tall	393	93	0.2	0.0	13.8	11.9	0.0	8.8	0.24	150
	Grande	436	103	0.3	0.0	15.3	13.3	0.0	9.8	0.27	150
	Venti	611	144	0.4	0.0	21.5	18.5	0.0	13.7	0.37	225
Cappuccino - Semi - skimmed Milk	Short	285	68	2.3	1.4	7.0	6.0	0.0	4.9	0.13	75
	Tall	542	129	4.3	2.6	13.4	11.4	0.0	9.3	0.24	150
	Grande	603	143	4.8	2.9	14.8	12.8	0.0	10.3	0.27	150
	Venti	844	201	6.7	4.1	20.8	17.8	0.0	14.4	0.37	225
Cappuccino - Whole Milk	Short	358	85	4.5	2.9	6.9	5.9	0.0	4.4	0.10	75
	Tall	680	163	8.5	5.5	13.1	11.1	0.0	8.3	0.24	150
	Grande	758	181	9.6	6.1	14.5	12.5	0.0	9.2	0.27	150
	Venti	1060	253	13.3	8.5	20.4	17.4	0.0	12.9	0.37	225
Cappuccino - Soya	Short	236	56	2.1	0.4	4.9	3.9	0.6	4.1	0.14	75
	Tall	450	107	4.0	0.7	9.3	7.4	1.2	7.8	0.26	150
	Grande	500	119	4.5	0.8	10.2	8.3	1.3	8.7	0.29	150
	Venti	701	167	6.3	1.1	14.5	11.5	1.9	12.2	0.41	225
Cappuccino - Coconut	Short	236	57	3.6	3.4	5.2	3.9	0.3	0.6	0.07	75
	Tall	449	108	6.9	6.4	10.0	7.4	0.5	1.2	0.13	150
	Grande	499	120	7.7	7.2	11.0	8.3	0.5	1.3	0.15	150
	Venti	699	168	10.7	10.0	15.6	11.5	0.7	1.8	0.20	225
Cappuccino - Almond	Short	147	35	1.5	0.1	4.2	3.1	0.4	1.0	0.08	75
	Tall	282	67	2.8	0.2	8.1	5.9	0.7	1.9	0.14	150
	Grande	311	74	3.2	0.3	8.9	6.7	0.8	2.1	0.16	150
	Venti	437	104	4.4	0.4	12.6	9.3	1.1	2.9	0.22	225
Cappuccino - Oat	Short	421	100	3.4	2.0	14.6	8.4	2.5	1.6	0.16	75
	Tall	800	191	6.4	3.8	27.8	15.9	4.7	3.1	0.31	150
	Grande	893	213	7.2	4.3	31.0	17.8	5.3	3.4	0.35	150
	Venti	1247	297	10.0	5.9	43.3	24.8	7.4	4.8	0.48	225
Café Misto - Skimmed Milk	Short	148	35	0.1	0.0	4.9	4.9	0.0	3.5	0.11	79
	Tall	200	47	0.2	0.0	6.6	6.6	0.0	4.7	0.15	121
	Grande	291	69	0.2	0.0	9.7	9.7	0.0	6.9	0.22	142
	Venti	390	92	0.3	0.0	13.0	13.0	0.0	9.2	0.29	185
Café Misto - Semi - skimmed Milk	Short	210	50	1.8	1.1	4.7	4.7	0.0	3.7	0.11	79
	Tall	283	67	2.4	1.5	6.4	6.4	0.0	5.0	0.15	121
	Grande	413	98	3.5	2.1	9.3	9.3	0.0	7.3	0.22	142
	Venti	554	132	4.8	2.9	12.5	12.5	0.0	9.7	0.29	185
Café Misto - Whole Milk	Short	268	64	3.6	2.3	4.6	4.6	0.0	3.3	0.11	79
	Tall	360	86	4.8	3.1	6.2	6.2	0.0	4.5	0.15	121
	Grande	526	126	7.0	4.5	9.1	9.1	0.0	6.5	0.22	142
	Venti	705	169	9.4	6.0	12.3	12.3	0.0	8.7	0.29	185
Café Misto - Soya	Short	172	41	1.7	0.3	3.1	3.1	0.5	3.1	0.12	79
	Tall	232	55	2.3	0.4	4.1	4.1	0.7	4.2	0.16	121
	Grande	338	81	3.4	0.6	6.0	6.0	1.0	6.1	0.24	142
	Venti	453	108	4.5	0.8	8.1	8.1	1.3	8.2	0.32	185
Café Misto - Coconut	Short	171	41	2.9	2.7	3.4	3.1	0.2	0.3	0.07	79
	Tall	231	56	3.9	3.6	4.5	4.1	0.3	0.5	0.09	121
	Grande	337	81	5.7	5.3	6.6	6.0	0.4	0.7	0.13	142
	Venti	451	109	7.6	7.0	8.9	8.1	0.5	0.9	0.17	185
Café Misto - Almond	Short	102	24	1.2	0.1	2.6	2.5	0.3	0.6	0.07	79
	Tall	137	33	1.6	0.1	3.5	3.3	0.4	0.9	0.10	121
	Grande	199	48	2.4	0.2	5.1	4.9	0.6	1.2	0.14	142
	Venti	267	64	3.2	0.3	6.8	6.5	0.8	1.6	0.18	185
Café Misto - Oat	Short	318	76	2.7	1.6	10.8	6.6	2.0	1.1	0.14	79
	Tall	428	102	3.6	2.1	14.5	8.9	2.7	1.6	0.19	121
	Grande	625	149	5.3	3.1	21.2	13.0	3.9	2.2	0.27	142
	Venti	838	200	7.1	4.2	28.4	17.5	5.2	3.0	0.37	185
Flat White - Skimmed Milk	Short	369	63	0.2	0.0	9.6	7.6	0.0	5.9	0.15	150
Flat White - Semi - skimmed Milk	Short	365	87	2.7	1.7	9.3	7.3	0.0	6.2	0.15	150
Flat White - Whole Milk	Short	453	108	5.5	3.5	9.1	7.2	0.0	5.6	0.15	150
Flat White - Soya	Short	306	73	2.6	0.5	6.7	4.7	0.8	5.3	0.17	150
Flat White - Coconut	Short	305	73	4.4	4.1	7.2	4.7	0.3	1.0	0.08	150
Flat White - Almond	Short	197	47	1.8	0.2	5.9	3.8	0.5	1.5	0.09	150
Flat White - Oat	Short	531	126	4.1	2.4	18.6	10.2	3.1	2.2	0.20	150

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Caramel Macchiato - Skimmed Milk	Short	377	89	0.9	0.5	15.3	13.9	0.0	5.0	0.16	75
	Tall	621	146	1.0	0.5	25.8	23.3	0.0	8.7	0.25	150
	Grande	792	187	1.0	0.5	33.5	31.0	0.0	10.8	0.32	150
	Venti	980	231	1.1	0.5	42.1	38.5	0.0	13.1	0.37	225
Caramel Macchiato - Semi - skimmed Milk	Short	462	109	3.2	2.0	15.0	13.7	0.0	5.3	0.16	75
	Tall	767	180	4.9	3.0	25.3	22.9	0.0	9.1	0.25	150
	Grande	977	229	6.0	3.7	33.0	30.4	0.0	11.4	0.32	150
	Venti	1202	281	7.1	4.3	41.4	37.8	0.0	13.8	0.37	225
Caramel Macchiato - Whole Milk	Short	541	129	5.6	3.6	14.9	13.5	0.0	4.8	0.16	75
	Tall	902	215	9.1	5.8	25.1	22.6	0.0	8.2	0.25	150
	Grande	1148	273	11.3	7.2	32.7	30.1	0.0	10.2	0.32	150
	Venti	1407	335	13.4	8.6	41.1	37.4	0.0	12.4	0.37	225
Caramel Macchiato - Soya	Short	410	97	3.0	0.9	12.7	11.4	0.7	4.5	0.17	75
	Tall	677	161	4.7	1.2	21.3	18.9	1.2	7.7	0.28	150
	Grande	863	205	5.7	1.3	28.0	25.4	1.5	9.6	0.34	150
	Venti	1065	253	6.7	1.5	35.4	31.8	1.8	11.7	0.41	225
Caramel Macchiato - Coconut	Short	409	98	4.7	4.1	13.1	11.4	0.3	0.7	0.10	75
	Tall	676	161	7.5	6.7	22.0	18.9	0.5	1.2	0.15	150
	Grande	861	205	9.3	8.4	28.8	25.4	0.6	1.4	0.18	150
	Venti	1063	253	11.0	10.0	36.5	31.8	0.7	1.8	0.21	225
Caramel Macchiato - Almond	Short	313	74	2.4	0.6	12.0	10.5	0.4	1.1	0.10	75
	Tall	512	122	3.5	0.7	20.2	17.5	0.7	1.9	0.16	150
	Grande	653	155	4.3	0.7	26.5	23.7	0.9	2.3	0.20	150
	Venti	814	193	5.0	0.8	33.7	29.7	1.1	2.9	0.23	225
Caramel Macchiato - Oat	Short	610	145	4.4	2.6	23.3	16.2	2.7	1.8	0.20	75
	Tall	1020	243	7.0	4.2	39.5	27.3	4.6	3.1	0.32	150
	Grande	1297	308	8.7	5.2	50.9	36.0	5.9	3.7	0.40	150
	Venti	1585	377	10.3	6.1	62.9	44.5	7.1	4.7	0.48	225
Mocha & Hot Chocolate											
Caffe Mocha - Skimmed Milk	Short	574	137	6.8	4.7	14.9	13.6	1.1	3.6	0.11	85
	Tall	820	196	8.3	5.8	23.2	20.8	1.6	6.3	0.18	165
	Grande	1045	249	9.9	6.8	30.5	27.9	2.0	8.6	0.25	170
	Venti	1208	283	10.3	7.1	36.5	32.9	2.5	9.9	0.28	249
Caffe Mocha - Semi - skimmed Milk	Short	630	151	8.3	5.7	14.8	13.4	1.1	3.8	0.11	85
	Tall	920	220	11.0	7.5	22.8	20.5	1.6	6.6	0.18	165
	Grande	1186	283	13.7	9.2	30.0	27.4	2.0	9.0	0.25	170
	Venti	1368	322	14.6	9.8	36.0	32.4	2.5	10.4	0.28	249
Caffe Mocha - Whole Milk	Short	681	163	9.9	6.8	14.7	13.3	1.1	3.4	0.11	85
	Tall	1012	242	13.8	9.4	22.7	20.4	1.6	6.0	0.18	165
	Grande	1316	315	17.7	11.9	29.8	27.2	2.0	8.2	0.25	170
	Venti	1516	359	19.2	12.9	35.7	32.2	2.5	9.4	0.28	249
Caffe Mocha - Soya	Short	595	143	8.2	5.0	13.2	11.9	1.5	3.3	0.11	85
	Tall	859	205	10.8	6.2	20.2	17.8	2.4	5.7	0.19	165
	Grande	1099	263	13.5	7.5	26.2	23.6	3.2	7.7	0.27	170
	Venti	1269	299	14.4	7.8	31.7	28.1	3.8	8.9	0.31	249
Caffe Mocha - Coconut	Short	595	143	9.2	7.1	13.5	12.0	1.3	0.8	0.07	85
	Tall	858	206	12.7	10.0	20.6	18.0	1.9	1.2	0.11	165
	Grande	1098	263	16.1	12.8	26.9	23.9	2.5	1.4	0.15	170
	Venti	1312	300	17.4	13.9	32.4	28.3	3.0	1.8	0.17	249
Caffe Mocha - Almond	Short	532	128	7.7	4.8	12.8	11.4	1.3	1.0	0.07	85
	Tall	746	179	10.1	5.9	19.4	16.9	2.0	1.7	0.12	165
	Grande	940	225	12.3	7.0	25.1	22.3	2.7	2.1	0.16	170
	Venti	1088	256	13.1	7.3	30.4	26.6	3.3	2.5	0.18	249
Caffe Mocha - Oat	Short	726	174	9.1	6.1	20.2	15.1	2.9	1.5	0.13	85
	Tall	1092	261	12.4	8.3	32.5	23.5	4.7	2.5	0.23	165
	Grande	1430	342	15.7	10.4	43.7	31.7	6.5	3.2	0.32	170
	Venti	1645	389	16.9	11.1	51.5	37.3	7.6	3.8	0.36	249
White Chocolate Mocha - Skimmed Milk	Short	830	198	8.4	6.3	25.1	24.3	0.0	5.5	0.22	75
	Tall	1239	295	10.8	8.1	39.6	38.1	0.0	9.8	0.37	150
	Grande	1571	374	13.2	9.9	51.4	49.9	0.0	12.3	0.48	150
	Venti	1951	459	14.6	10.9	65.6	63.4	0.0	16.4	0.62	225
White Chocolate Mocha - Semi - skimmed Milk	Short	887	212	9.9	7.2	24.9	24.1	0.0	5.7	0.22	75
	Tall	1351	322	13.8	10.0	39.3	37.8	0.0	10.1	0.37	150
	Grande	1712	408	17.0	12.3	50.9	49.4	0.0	12.8	0.48	150
	Venti	2146	507	19.8	14.3	65.0	62.8	0.0	17.1	0.62	225
White Chocolate Mocha - Whole Milk	Short	940	225	11.6	8.3	24.8	24.0	0.0	5.3	0.22	75
	Tall	1455	347	17.1	12.2	39.1	37.6	0.0	9.4	0.37	150
	Grande	1842	440	21.1	15.0	50.7	49.2	0.0	11.9	0.48	150
	Venti	2326	551	25.4	18.1	64.7	62.4	0.0	15.8	0.62	225
White Chocolate Mocha - Soya	Short	852	203	9.8	6.5	23.3	22.6	0.5	5.2	0.23	75
	Tall	1282	306	13.7	8.6	36.2	34.7	0.9	9.0	0.39	150
	Grande	1625	387	16.8	10.5	47.1	45.6	1.1	11.4	0.50	150
	Venti	2025	478	19.5	11.8	59.7	57.5	1.6	15.2	0.65	225
White Chocolate Mocha - Coconut	Short	851	204	10.9	8.7	23.6	22.6	0.2	2.6	0.18	75
	Tall	1281	306	15.8	12.9	36.8	34.7	0.4	4.1	0.29	150
	Grande	1624	388	19.5	15.9	47.8	45.6	0.5	5.1	0.37	150
	Venti	2078	479	23.3	19.3	60.7	57.5	0.6	6.5	0.48	225
White Chocolate Mocha - Almond	Short	787	188	9.4	6.3	22.9	22.0	0.3	2.9	0.18	75
	Tall	1156	276	12.8	8.2	35.3	33.7	0.5	4.6	0.30	150
	Grande	1466	350	15.7	10.1	46.0	44.3	0.7	5.8	0.39	150
	Venti	1805	426	18.0	11.2	58.2	55.6	0.9	7.4	0.50	225
White Chocolate Mocha - Oat	Short	986	235	10.7	7.7	30.4	25.8	1.8	3.4	0.25	75
	Tall	1545	369	15.5	10.9	50.1	41.1	3.6	5.5	0.42	150
	Grande	1956	466	19.0	13.5	64.6	53.7	4.5	6.9	0.54	150
	Venti	2484	588	22.6	15.9	83.9	68.7	6.2	9.0	0.71	225
Classic Hot Chocolate - Skimmed Milk	Short	574	137	6.8	4.7	14.8	14.2	1.1	3.7	0.12	11
	Tall	851	203	8.4	5.8	23.9	23.1	1.6	7.2	0.22	15
	Grande	1037	247	9.9	6.8	29.9	28.8	2.1	8.6	0.27	20
	Venti	1255	299	10.4	7.1	38.3	36.9	2.5	11.8	0.36	24
Classic Hot Chocolate - Semi - skimmed Milk	Short	637	152	8.5	5.8	14.6	14.0	1.1	3.9	0.12	11
	Tall	978	234	11.8	8.0	23.5	22.7	1.6	7.6	0.22	15
	Grande	1188	284	14.0	9.4	29.4	28.3	2.1	9.1	0.27	20
	Venti	1464	350	16.0	10.7	37.6	36.3	2.5	12.4	0.36	24

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Product	Size	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbo-hydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Classic Hot Chocolate - Whole Milk	Short	694	167	10.3	7.0	14.5	13.9	1.1	3.5	0.12	11
	Tall	1094	262	15.4	10.4	23.3	22.5	1.6	6.8	0.22	15
	Grande	1327	318	18.3	12.3	29.2	28.1	2.1	8.1	0.27	20
	Venti	1657	397	22.0	14.7	37.3	35.9	2.5	11.1	0.36	24
Classic Hot Chocolate - Soya	Short	598	143	8.4	5.0	12.9	12.4	1.6	3.3	0.13	11
	Tall	900	215	11.6	6.4	20.1	19.3	2.6	6.4	0.24	15
	Grande	1095	262	13.7	7.5	25.3	24.2	3.3	7.6	0.29	20
	Venti	1335	319	15.7	8.0	32.0	30.6	4.2	10.4	0.39	24
Classic Hot Chocolate - Coconut	Short	598	144	9.6	7.4	13.2	12.4	1.3	0.5	0.07	11
	Tall	899	216	14.0	11.2	20.7	19.3	2.0	0.8	0.13	15
	Grande	1094	263	16.6	13.3	26.1	24.2	2.5	0.9	0.16	20
	Venti	1334	320	19.7	16.0	33.0	30.6	3.2	1.1	0.21	24
Classic Hot Chocolate - Almond	Short	528	127	7.9	4.8	12.4	11.8	1.4	0.8	0.08	11
	Tall	757	181	10.6	6.0	19.1	18.1	2.2	1.4	0.14	15
	Grande	924	221	12.5	7.0	24.1	22.8	2.8	1.6	0.17	20
	Venti	1099	263	14.1	7.4	30.3	28.6	3.5	2.1	0.23	24
Classic Hot Chocolate - Oat	Short	745	178	9.4	6.3	20.7	15.9	3.1	1.3	0.15	11
	Tall	1196	286	13.6	9.0	35.8	26.5	5.6	2.4	0.28	15
	Grande	1449	347	16.1	10.6	44.1	32.9	6.9	2.8	0.34	20
	Venti	1826	436	19.0	12.4	57.9	42.6	9.2	3.8	0.46	24
Signature Hot Chocolate - Skimmed Milk	Short	1058	253	12.0	7.7	32.1	26.8	0.8	3.8	0.19	23
	Tall	1224	292	13.9	9.0	36.8	30.8	0.9	4.4	0.22	27
	Grande	1689	403	18.0	11.5	52.8	44.3	1.3	6.7	0.32	38
	Venti	2244	535	22.4	14.1	73.7	61.5	1.9	8.6	0.43	54
Signature Hot Chocolate - Semi - skimmed Milk	Short	1122	268	13.7	8.8	31.9	26.6	0.8	4.0	0.19	23
	Tall	1298	310	15.9	10.3	36.6	30.6	0.9	4.6	0.22	27
	Grande	1805	431	21.2	13.5	52.4	43.9	1.3	7.1	0.32	38
	Venti	2394	571	26.5	16.7	73.3	61.0	1.9	9.0	0.43	54
Signature Hot Chocolate - Whole Milk	Short	1180	282	15.5	10.0	31.8	26.5	0.8	3.6	0.19	23
	Tall	1366	327	18.1	11.7	36.5	30.5	0.9	4.1	0.22	27
	Grande	1912	457	24.5	15.7	52.2	43.7	1.3	6.3	0.32	38
	Venti	2533	605	30.8	19.5	73.0	60.8	1.9	8.1	0.43	54
Signature Hot Chocolate - Soya	Short	1082	259	13.6	8.0	30.1	24.9	1.3	3.4	0.20	23
	Tall	1252	299	15.8	9.4	34.6	28.6	1.5	3.9	0.23	27
	Grande	1734	414	21.0	12.1	49.3	40.8	2.2	6.0	0.34	38
	Venti	2301	550	26.3	14.7	69.2	57.0	3.1	7.6	0.46	54
Signature Hot Chocolate - Coconut	Short	1082	259	14.8	10.4	30.4	24.9	1.0	0.5	0.14	23
	Tall	1252	300	17.2	12.2	35.0	28.6	1.2	0.6	0.17	27
	Grande	1733	415	23.2	16.5	49.9	40.8	1.7	0.8	0.24	38
	Venti	2342	550	29.1	20.5	69.9	57.0	2.4	0.9	0.33	54
Signature Hot Chocolate - Almond	Short	1010	242	13.1	7.8	29.6	24.3	1.1	0.8	0.15	23
	Tall	1169	280	15.2	9.1	34.0	27.9	1.3	1.0	0.17	27
	Grande	1603	383	20.1	11.7	48.4	39.7	1.9	1.4	0.25	38
	Venti	2132	509	25.1	14.3	68.0	55.5	2.6	1.6	0.34	54
Signature Hot Chocolate - Oat	Short	1232	294	14.6	9.3	38.0	28.5	2.8	1.3	0.22	23
	Tall	1426	341	17.0	10.9	43.8	32.8	3.3	1.6	0.25	27
	Grande	2005	479	22.8	14.5	63.7	47.4	5.0	2.3	0.38	38
	Venti	2654	634	28.6	17.9	87.8	65.6	6.7	2.8	0.50	54
Signature Hazelnut Hot Chocolate - Skimmed Milk	Short	1240	295	12.1	7.8	42.5	36.8	0.9	3.8	0.19	24
	Tall	1486	354	14.1	9.1	52.0	45.4	1.1	4.4	0.22	28
	Grande	2032	484	18.1	11.6	72.7	63.3	1.4	6.7	0.32	39
	Venti	2667	634	22.5	14.1	98.4	85.1	2.0	8.6	0.43	55
Signature Hazelnut Hot Chocolate - Semi - skimmed Milk	Short	1304	311	13.8	8.9	42.3	36.6	0.9	4.0	0.19	24
	Tall	1560	372	16.1	10.4	51.8	45.1	1.1	4.6	0.22	28
	Grande	2148	512	21.3	13.6	72.3	63.0	1.4	7.1	0.32	39
	Venti	2817	671	26.6	16.7	97.9	84.6	2.0	9.0	0.43	55
Signature Hazelnut Hot Chocolate - Whole Milk	Short	1363	325	15.6	10.1	42.2	36.5	0.9	3.6	0.19	24
	Tall	1629	389	18.2	11.8	51.6	45.0	1.1	4.1	0.22	28
	Grande	2255	538	24.6	15.8	72.1	62.8	1.4	6.3	0.32	39
	Venti	2956	705	30.9	19.6	97.6	84.4	2.0	8.1	0.43	55
Signature Hazelnut Hot Chocolate - Soya	Short	1265	302	13.7	8.1	40.6	34.9	1.4	3.4	0.20	24
	Tall	1515	495	21.1	12.1	69.2	59.8	2.4	6.0	0.34	39
	Grande	2076	495	21.1	12.1	69.2	59.8	2.4	6.0	0.34	39
	Venti	2725	649	26.4	14.8	93.8	80.6	3.2	7.6	0.46	55
Signature Hazelnut Hot Chocolate - Coconut	Short	1282	302	14.9	10.5	40.9	34.9	1.1	0.5	0.14	24
	Tall	1535	362	17.3	12.3	50.1	43.1	1.3	0.6	0.17	28
	Grande	2108	495	23.3	16.5	69.7	59.8	1.8	0.8	0.24	39
	Venti	2765	650	29.2	20.5	94.5	80.6	2.5	0.9	0.33	55
Signature Hazelnut Hot Chocolate - Almond	Short	1193	285	13.2	7.9	40.1	34.3	1.2	0.8	0.15	24
	Tall	1431	341	15.3	9.2	49.2	42.4	1.4	1.0	0.17	28
	Grande	1946	464	20.2	11.8	68.3	58.7	2.0	1.4	0.25	39
	Venti	2555	609	25.2	14.3	92.6	79.1	2.7	1.6	0.34	55
Signature Hazelnut Hot Chocolate - Oat	Short	1414	337	14.7	9.4	48.5	38.5	3.0	1.3	0.22	24
	Tall	1688	403	17.1	11.0	58.9	47.4	3.4	1.6	0.25	28
	Grande	2378	560	22.9	14.5	83.5	66.5	5.1	2.3	0.38	39
	Venti	3077	733	28.7	17.9	112.4	89.2	6.8	2.8	0.50	55
Signature Caramel Hot Chocolate - Skimmed Milk	Short	1314	313	12.7	8.2	45.5	39.6	0.8	3.8	0.22	23
	Tall	1570	374	14.7	9.5	55.6	48.7	0.9	4.4	0.25	27
	Grande	2125	506	18.8	12.0	76.8	67.3	1.3	6.8	0.36	38
	Venti	2770	659	23.2	14.5	103.1	89.6	1.9	8.6	0.47	54
Signature Caramel Hot Chocolate - Semi - Skimmed Milk	Short	1377	328	14.4	9.3	45.3	39.4	0.8	4.0	0.22	23
	Tall	1644	392	16.7	10.8	55.3	48.5	0.9	4.7	0.25	27
	Grande	2241	534	21.9	14.0	76.5	66.9	1.3	7.1	0.36	38
	Venti	2920	695	27.2	17.1	102.6	89.1	1.9	9.1	0.47	54
Signature Caramel Hot Chocolate - Whole Milk	Short	1436	343	16.2	10.5	45.2	39.3	0.8	3.6	0.22	23
	Tall	1712	408	18.8	12.2	55.2	48.4	0.9	4.2	0.25	27
	Grande	2348	560	25.2	16.2	76.3	66.7	1.3	6.4	0.36	38
	Venti	3059	729	31.5	20.0	102.3	88.9	1.9	8.1	0.47	54
Signature Caramel Hot Chocolate - Soya	Short	1338	319	14.3	8.5	43.6	37.7	1.3	3.4	0.23	23
	Tall	1598	381	16.5	9.8	53.3	46.5	1.5	4.0	0.26	27
	Grande	2170	517	21.7	12.5	73.3	63.8	2.2	6.0	0.38	38
	Venti	2827	674	27.0	15.2	98.5	85.1	3.1	7.7	0.49	54

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Signature Caramel Hot Chocolate - Coconut	Short	1355	319	15.5	10.9	43.9	37.7	1.0	0.6	0.17	23
	Tall	1618	381	18.0	12.6	53.7	46.5	1.2	0.7	0.20	27
	Grande	2201	517	23.9	16.9	73.9	63.8	1.7	0.9	0.27	38
	Venti	2868	674	29.8	20.9	99.2	85.1	2.4	1.0	0.36	54
Signature Caramel Hot Chocolate - Almond	Short	1266	302	13.8	8.3	43.1	37.1	1.1	0.9	0.18	23
	Tall	1515	361	16.0	9.6	52.7	45.8	1.3	1.0	0.20	27
	Grande	2039	486	20.8	12.1	72.4	62.7	1.9	1.4	0.28	38
	Venti	2658	633	25.8	14.7	97.3	83.6	2.6	1.7	0.37	54
Signature Caramel Hot Chocolate - Oat	Short	1266	355	15.3	9.8	51.5	41.3	2.8	1.4	0.25	23
	Tall	1515	422	17.7	11.3	62.5	50.7	3.3	1.6	0.28	27
	Grande	2039	582	23.5	14.9	87.7	70.4	5.0	2.3	0.41	38
	Venti	2658	758	29.4	18.3	117.1	93.7	6.7	2.9	0.54	54
White Hot Chocolate - Skimmed Milk	Short	819	195	8.4	6.3	24.5	24.5	0.0	5.4	0.22	0
	Tall	1238	295	10.8	8.1	39.3	39.2	0.0	10.0	0.39	0
	Grande	1578	375	13.2	9.9	51.3	51.3	0.0	12.7	0.50	0
	Venti	1931	459	14.6	10.9	65.1	65.0	0.0	16.8	0.65	0
White Hot Chocolate - Semi - skimmed Milk	Short	879	210	10.0	7.3	24.4	24.3	0.0	5.6	0.22	0
	Tall	1364	325	14.3	10.3	38.9	38.8	0.0	10.4	0.39	0
	Grande	1737	414	17.5	12.7	50.8	50.8	0.0	13.2	0.50	0
	Venti	2147	511	20.4	14.7	64.4	64.4	0.0	17.4	0.65	0
White Hot Chocolate - Whole Milk	Short	935	223	11.7	8.4	24.3	24.2	0.0	5.2	0.22	0
	Tall	1481	354	17.9	12.7	38.7	38.6	0.0	9.6	0.39	0
	Grande	1884	450	22.1	15.7	50.5	50.5	0.0	12.2	0.50	0
	Venti	2347	560	26.6	18.8	64.0	64.0	0.0	16.1	0.65	0
White Hot Chocolate - Soya	Short	842	201	9.9	6.5	22.7	22.7	0.5	5.0	0.23	0
	Tall	1287	307	14.1	8.7	35.5	35.4	1.0	9.2	0.41	0
	Grande	1639	391	17.3	10.6	46.5	46.5	1.3	11.7	0.53	0
	Venti	2013	480	20.1	11.9	58.5	58.5	1.7	15.4	0.69	0
White Hot Chocolate - Coconut	Short	859	201	11.1	8.8	23.0	22.7	0.2	2.4	0.18	0
	Tall	1320	307	16.5	13.5	36.1	35.4	0.4	3.6	0.30	0
	Grande	1682	391	20.3	16.7	47.3	46.5	0.5	4.6	0.39	0
	Venti	2072	481	24.2	20.2	59.6	58.5	0.7	5.8	0.50	0
White Hot Chocolate - Almond	Short	775	185	9.4	6.3	22.3	22.1	0.3	2.7	0.19	0
	Tall	1144	273	13.1	8.3	34.4	34.2	0.6	4.2	0.31	0
	Grande	1459	348	16.0	10.1	45.2	45.0	0.8	5.4	0.40	0
	Venti	1769	422	18.4	11.3	56.8	56.4	1.0	6.8	0.52	0
White Hot Chocolate - Oat	Short	983	235	10.9	7.8	30.2	26.1	1.9	3.1	0.25	0
	Tall	1583	378	16.1	11.3	51.1	42.7	4.0	5.2	0.45	0
	Grande	2012	480	19.8	13.9	66.2	55.6	5.1	6.7	0.58	0
	Venti	2521	601	23.5	16.4	85.3	70.9	6.9	8.5	0.76	0
Teavana™ Frozen Iced Tea											
Tropical Mango Frozen Iced Tea	Tall	435	104	0.0	0.0	25.6	18.7	1.0	0.0	0.14	21
	Grande	565	135	0.0	0.0	33.2	24.2	1.3	0.0	0.18	24
	Venti	711	170	0.0	0.0	41.8	30.5	1.6	0.0	0.23	27
Teavana™ Tea											
English Breakfast Tea	Short	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	40
	Tall	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	40
	Grande	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	40
	Venti	0	0	0.1	0.0	0.0	0.0	0.0	0.0	0.00	40
Earl Grey Tea	Short	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	40
	Tall	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	40
	Grande	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	40
	Venti	0	0	0.1	0.0	0.0	0.0	0.0	0.0	0.00	40
Hibiscus Blend Tea	Short	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	0
	Tall	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	0
	Grande	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	0
	Venti	0	0	0.1	0.0	0.0	0.0	0.0	0.0	0.00	0
Emperor's Clouds & Mist Tea	Short	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	15
	Tall	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	15
	Grande	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	15
	Venti	0	0	0.1	0.0	0.0	0.0	0.0	0.0	0.00	15
Mint Citrus Tea	Short	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	25
	Tall	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	25
	Grande	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	25
	Venti	0	0	0.1	0.0	0.0	0.0	0.0	0.0	0.00	25
Youthberry Tea	Short	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	15
	Tall	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	15
	Grande	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	15
	Venti	0	0	0.1	0.0	0.0	0.0	0.0	0.0	0.00	15
Chai Tea	Short	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	40
	Tall	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	40
	Grande	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	40
	Venti	0	0	0.1	0.0	0.0	0.0	0.0	0.0	0.00	40
Jasmine Pearl Tea	Short	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	15
	Tall	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	15
	Grande	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	15
	Venti	0	0	0.1	0.0	0.0	0.0	0.0	0.0	0.00	15
Mint Herbal Blend Tea	Short	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	0
	Tall	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	0
	Grande	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	0
	Venti	0	0	0.1	0.0	0.0	0.0	0.0	0.0	0.00	0
Chamomile Tea	Short	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	0
	Tall	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	0
	Grande	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	0
	Venti	0	0	0.1	0.0	0.0	0.0	0.0	0.0	0.00	0
Matcha Tea Latte - Skimmed Milk	Short	268	63	0.2	0.0	9.1	8.5	0.4	6.1	0.17	30
	Tall	434	102	0.4	0.1	14.7	13.6	0.7	9.8	0.27	60
	Grande	563	133	0.5	0.1	19.0	17.4	1.1	12.6	0.35	90
	Venti	736	174	0.6	0.1	24.8	22.6	1.5	16.5	0.45	120
Matcha Tea Latte - Semi - skimmed Milk	Short	375	89	3.1	1.9	8.7	8.2	0.4	6.4	0.17	30
	Tall	604	144	4.9	3.0	14.1	13.0	0.7	10.3	0.27	60
	Grande	780	186	6.3	3.8	18.3	16.7	1.1	13.3	0.35	90
	Venti	1019	242	8.3	5.0	23.9	21.7	1.5	17.4	0.45	120
Matcha Tea Latte - Whole Milk	Short	474	113	6.2	3.9	8.6	8.0	0.4	5.7	0.17	30
	Tall	761	182	9.8	6.2	13.9	12.8	0.7	9.2	0.27	60
	Grande	981	235	12.6	8.0	18.0	16.3	1.1	11.9	0.35	90

STARBUCKS®
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Product	Size	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbo-hydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Matcha Tea Latte - Soya	Venti	1281	306	16.4	10.4	23.5	21.3	1.5	15.6	0.45	120
	Short	309	74	2.9	0.5	5.9	5.3	1.2	5.4	0.19	30
	Tall	499	119	4.7	0.8	9.5	8.4	2.1	8.7	0.30	60
	Grande	646	154	6.0	1.1	12.4	10.8	2.8	11.2	0.38	90
Matcha Tea Latte - Coconut	Venti	845	201	7.8	1.4	16.3	14.1	3.7	14.7	0.50	120
	Short	308	74	5.0	4.6	6.4	5.3	0.7	0.6	0.09	30
	Tall	498	120	7.9	7.3	10.3	8.4	1.3	1.1	0.15	60
	Grande	645	155	10.1	9.3	13.5	10.8	1.8	1.6	0.19	90
Matcha Tea Latte - Almond	Venti	842	202	13.2	12.2	17.6	14.1	2.4	2.1	0.25	120
	Short	188	45	2.1	0.2	5.0	4.3	0.9	1.1	0.10	30
	Tall	307	73	3.3	0.3	8.2	6.8	1.6	1.9	0.16	60
	Grande	401	96	4.3	0.4	10.7	8.7	2.2	2.6	0.21	90
Matcha Tea Latte - Oat	Venti	525	125	5.6	0.5	14.0	11.4	2.8	3.4	0.27	120
	Short	560	134	4.6	2.7	19.1	11.4	3.8	2.0	0.22	30
	Tall	898	214	7.4	4.3	30.6	18.2	6.1	3.3	0.35	60
	Grande	1156	276	9.4	5.6	39.3	23.2	8.0	4.3	0.45	90
Classic Chai Tea Latte - Skimmed Milk	Venti	1509	360	12.3	7.2	51.4	30.3	10.5	5.7	0.59	120
	Short	435	103	0.1	0.0	21.3	21.3	1.2	3.4	0.11	46
	Tall	679	160	0.2	0.0	32.9	32.8	1.8	5.7	0.18	69
	Grande	881	208	0.3	0.0	42.9	42.8	2.4	7.2	0.23	92
Classic Chai Tea Latte - Semi - skimmed Milk	Venti	1151	271	0.4	0.0	55.4	55.3	3.0	10.0	0.31	115
	Short	495	117	1.8	1.1	21.1	21.1	1.2	3.6	0.11	46
	Tall	780	185	3.0	1.8	32.5	32.5	1.8	6.0	0.18	69
	Grande	1009	239	3.7	2.2	42.5	42.4	2.4	7.6	0.23	92
Classic Chai Tea Latte - Whole Milk	Venti	1329	315	5.2	3.1	54.9	54.8	3.0	10.6	0.31	115
	Short	552	131	3.5	2.2	21.0	21.0	1.2	3.2	0.11	46
	Tall	875	208	5.9	3.7	32.4	32.3	1.8	5.4	0.18	69
	Grande	1127	268	7.4	4.7	42.3	42.2	2.4	6.8	0.23	92
Classic Chai Tea Latte - Soya	Venti	1494	355	10.3	6.5	54.6	54.5	3.0	9.4	0.31	115
	Short	459	109	1.7	0.3	19.5	19.4	1.7	3.0	0.12	46
	Tall	718	170	2.8	0.5	29.8	29.7	2.6	5.1	0.20	69
	Grande	930	220	3.5	0.6	39.1	39.0	3.4	6.4	0.25	92
Classic Chai Tea Latte - Coconut	Venti	1219	289	4.9	0.9	50.0	49.9	4.4	8.9	0.34	115
	Short	458	109	2.8	2.6	19.8	19.4	1.4	0.3	0.06	46
	Tall	717	170	4.8	4.4	30.3	29.7	2.1	0.5	0.11	69
	Grande	929	221	6.0	5.5	39.7	39.0	2.8	0.7	0.13	92
Classic Chai Tea Latte - Almond	Venti	1218	289	8.3	7.7	50.9	49.9	3.6	0.9	0.18	115
	Short	390	92	1.2	0.1	19.0	18.9	1.5	0.6	0.07	46
	Tall	602	143	2.0	0.2	29.0	28.7	2.3	1.0	0.11	69
	Grande	786	186	2.5	0.2	38.1	37.8	3.0	1.3	0.14	92
Classic Chai Tea Latte - Oat	Venti	1017	241	3.5	0.3	48.6	48.2	3.8	1.8	0.20	115
	Short	601	143	2.7	1.5	27.0	22.9	3.1	1.1	0.14	46
	Tall	957	227	4.4	2.6	42.4	35.5	5.0	1.8	0.23	69
	Grande	1230	292	5.6	3.3	54.9	46.3	6.4	2.3	0.29	92
Venti	1638	389	7.8	4.5	72.2	60.1	8.7	3.2	0.40	115	
Cold Craft											
Cold Brew	Short	0	0	0.0	0.0	0.0	0.0	0.0	0.1	0.00	91
	Tall	3	1	0.0	0.0	0.0	0.0	0.0	0.1	0.00	148
	Grande	4	1	0.0	0.0	0.0	0.0	0.0	0.1	0.00	207
	Venti	5	1	0.0	0.0	0.0	0.0	0.0	0.2	0.00	266
Cold Brew Latte - Skimmed Milk	Tall	247	58	0.2	0.0	8.4	8.4	0.0	5.8	0.18	139
	Grande	327	77	0.3	0.0	11.1	11.1	0.0	7.7	0.23	186
	Venti	387	91	0.3	0.0	13.0	13.0	0.0	9.1	0.28	276
	Tall	352	83	3.0	1.8	8.0	8.0	0.0	6.1	0.18	139
Cold Brew Latte - Semi - skimmed Milk	Grande	466	110	4.0	2.4	10.6	10.6	0.0	8.1	0.23	186
	Venti	551	130	4.7	2.9	12.5	12.5	0.0	9.6	0.28	276
	Tall	449	108	6.0	3.8	7.9	7.9	0.0	5.5	0.18	139
	Grande	595	142	8.0	5.1	10.4	10.4	0.0	7.2	0.23	186
Cold Brew Latte - Whole Milk	Venti	703	168	9.4	6.0	12.3	12.3	0.0	8.6	0.28	276
	Tall	288	69	2.9	0.5	5.2	5.2	0.8	5.1	0.19	139
	Grande	381	91	3.8	0.7	6.9	6.9	1.1	6.8	0.26	186
	Venti	450	107	4.5	0.8	8.1	8.1	1.3	8.1	0.31	276
Cold Brew Latte - Soya	Tall	287	69	4.9	4.5	5.7	5.2	0.3	0.5	0.10	139
	Grande	380	91	6.4	6.0	7.5	6.9	0.4	0.6	0.13	186
	Venti	449	108	7.6	7.0	8.9	8.1	0.5	0.8	0.16	276
	Tall	169	40	2.0	0.2	4.3	4.2	0.5	1.0	0.11	139
Cold Brew Latte - Almond	Grande	224	53	2.7	0.2	5.8	5.5	0.7	1.3	0.15	186
	Venti	265	63	3.2	0.3	6.8	6.5	0.8	1.5	0.18	276
	Tall	534	127	4.5	2.7	18.2	11.2	3.3	1.8	0.23	139
	Grande	707	169	6.0	3.5	24.1	14.8	4.4	2.4	0.30	186
Cold Brew Latte - Oat	Venti	835	199	7.1	4.2	28.4	17.5	5.2	2.8	0.36	276
	Tall	243	57	0.1	0.0	10.9	8.9	0.0	3.3	0.10	150
	Grande	295	69	0.1	0.0	13.0	11.0	0.0	4.1	0.10	150
	Venti	396	93	0.1	0.0	17.5	14.5	0.0	5.5	0.10	225
Nitro Cold Brew	10 oz	16	4	0.0	0.0	0.0	0.0	0.0	0.1	0.00	166
	Tall	17	4	0.0	0.0	0.0	0.0	0.0	0.2	0.00	244
	Grande	88	21	0.1	0.0	3.0	3.0	0.0	2.0	0.07	140
Nitro Cold Brew with Cold Foam - Skimmed Milk	Tall	110	26	0.1	0.0	3.8	3.8	0.0	2.6	0.09	164
	10 oz	96	23	0.0	0.0	5.5	5.4	0.0	0.0	0.06	165
Nitro Cold Brew with Caramel Cold Foam - Skimmed Milk	Tall	120	28	0.1	0.0	6.9	6.8	0.0	0.0	0.07	195
	10 oz	96	23	0.0	0.0	5.5	5.4	0.0	0.0	0.06	165
Iced Coffee											
Iced Caffè Latte - Skimmed Milk	Tall	313	74	0.2	0.0	11.1	9.1	0.0	6.9	0.18	150
	Grande	382	90	0.2	0.0	13.5	11.5	0.0	8.5	0.23	150
	Venti	615	106	0.3	0.0	16.0	13.0	0.0	9.9	0.26	225
Iced Caffè Latte - Semi - skimmed Milk	Tall	428	102	3.3	2.0	10.7	8.8	0.0	7.3	0.18	150
	Grande	527	125	4.1	2.5	13.0	11.0	0.0	9.0	0.23	150
	Venti	766	146	4.7	2.9	15.5	12.5	0.0	10.5	0.26	225
	Tall	534	128	6.6	4.2	10.6	8.6	0.0	6.6	0.18	150
Iced Caffè Latte - Whole Milk	Grande	660	158	8.3	5.3	12.8	10.8	0.0	8.1	0.23	150
	Venti	615	183	9.4	6.0	15.2	12.3	0.0	9.4	0.26	225
	Tall	357	85	3.1	0.6	7.6	5.7	0.9	6.2	0.20	150
	Grande	438	104	3.9	0.7	9.1	7.1	1.2	7.6	0.25	150
Iced Caffè Latte - Soya	Venti	514	122	4.4	0.8	11.1	8.1	1.3	8.9	0.29	225
	Tall	356	85	5.3	4.9	8.2	5.7	0.4	1.1	0.10	150
	Grande	437	105	6.7	6.2	9.8	7.1	0.5	1.2	0.13	150
	Venti	512	123	7.6	7.0	11.8	8.1	0.5	1.6	0.14	225
Iced Caffè Latte - Coconut	Tall	227	54	2.2	0.2	6.7	4.6	0.6	1.6	0.11	150
	10 oz	96	23	0.0	0.0	5.5	5.4	0.0	0.0	0.06	165

STARBUCKS®
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Product	Size	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbo-hydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Iced Caffè Latte - Almond	Grande	274	65	2.8	0.2	8.0	5.7	0.7	1.9	0.14	150
	Venti	328	78	3.1	0.3	9.8	6.5	0.8	2.4	0.16	225
Iced Caffè Latte - Oat	Tall	626	149	4.9	2.9	21.9	12.2	3.7	2.5	0.24	150
	Grande	777	185	6.2	3.7	27.0	15.4	4.6	3.0	0.30	150
	Venti	898	214	7.0	4.2	31.4	17.5	5.2	3.7	0.34	225
Iced Cappuccino - Skimmed Milk	Tall	338	80	0.2	0.0	12.0	10.0	0.0	7.5	0.20	150
	Grande	413	97	0.3	0.0	14.5	12.5	0.0	9.2	0.25	150
	Venti	482	113	0.3	0.0	17.1	14.1	0.0	10.7	0.28	225
Iced Cappuccino - Semi - skimmed Milk	Tall	464	110	3.6	2.2	11.6	9.6	0.0	7.9	0.20	150
	Grande	571	136	4.5	2.8	14.0	12.0	0.0	9.7	0.25	150
	Venti	659	156	5.1	3.1	16.5	13.5	0.0	11.2	0.28	225
Iced Cappuccino - Whole Milk	Tall	579	138	7.2	4.6	11.4	9.4	0.0	7.1	0.20	150
	Grande	716	171	9.0	5.8	13.8	11.8	0.0	8.7	0.25	150
	Venti	822	196	10.1	6.5	16.2	13.2	0.0	10.1	0.28	225
Iced Cappuccino - Soya	Tall	386	92	3.4	0.6	8.2	6.2	1.0	6.7	0.22	150
	Grande	474	113	4.3	0.8	9.8	7.8	1.3	8.2	0.28	150
	Venti	549	131	4.8	0.9	11.7	8.7	1.4	9.5	0.31	225
Iced Cappuccino - Coconut	Tall	385	92	5.8	5.4	8.8	6.2	0.4	1.1	0.11	150
	Grande	472	113	7.3	6.8	10.5	7.8	0.5	1.2	0.14	150
	Venti	548	131	8.2	7.6	12.6	8.7	0.6	1.6	0.15	225
Iced Cappuccino - Almond	Tall	244	58	2.4	0.2	7.2	5.0	0.6	1.7	0.12	150
	Grande	295	70	3.0	0.3	8.5	6.3	0.8	2.0	0.15	150
	Venti	349	83	3.4	0.3	10.3	7.0	0.9	2.5	0.17	225
Iced Cappuccino - Oat	Tall	681	162	5.4	3.2	23.7	13.4	4.0	2.7	0.26	150
	Grande	844	201	6.8	4.0	29.3	16.8	5.0	3.2	0.33	150
	Venti	956	230	7.6	4.5	33.7	18.9	5.6	3.9	0.37	225
Iced Caffè Americano	Tall	46	11	0.0	0.0	2.0	0.0	0.0	0.7	0.00	150
	Grande	69	16	0.0	0.0	3.0	0.0	0.0	1.1	0.00	150
	Venti	92	22	0.0	0.0	4.0	0.0	0.0	1.4	0.00	225
Iced Caffè Mocha - Skimmed Milk	Tall	961	229	10.5	7.3	25.5	22.7	1.6	7.4	0.21	165
	Grande	1264	302	14.6	10.2	32.5	29.4	2.1	9.2	0.27	170
	Venti	1415	338	15.0	10.4	38.8	34.4	2.5	10.6	0.30	249
Iced Caffè Mocha - Semi - Skimmed Milk	Tall	1076	257	13.6	9.3	25.1	22.3	1.6	7.8	0.21	165
	Grande	1409	337	18.5	12.7	32.0	28.9	2.1	9.7	0.27	170
	Venti	1579	378	19.4	13.3	38.3	33.9	2.5	11.2	0.30	249
Iced Caffè Mocha - Whole Milk	Tall	1182	283	16.9	11.5	24.9	22.1	1.6	7.1	0.21	165
	Grande	1542	370	22.6	15.5	31.8	28.7	2.1	8.8	0.27	170
	Venti	1731	415	24.1	16.4	38.0	33.6	2.5	10.1	0.30	249
Iced Caffè Mocha - Soya	Tall	1005	241	13.4	7.9	22.0	19.2	2.5	6.7	0.23	165
	Grande	1319	316	18.2	10.9	28.1	25.0	3.2	8.3	0.29	170
	Venti	1478	354	19.2	11.2	33.8	29.5	3.8	9.6	0.32	249
Iced Caffè Mocha - Coconut	Tall	1004	241	15.6	12.2	22.6	19.2	1.9	1.6	0.13	165
	Grande	1318	317	21.0	16.4	28.8	25.0	2.5	1.9	0.16	170
	Venti	1477	354	22.3	17.5	34.6	29.5	3.1	2.3	0.18	249
Iced Caffè Mocha - Almond	Tall	875	210	12.5	7.5	21.1	18.1	2.1	2.1	0.14	165
	Grande	1156	277	17.1	10.4	27.0	23.6	2.8	2.6	0.17	170
	Venti	1293	310	17.9	10.7	32.5	27.9	3.3	3.1	0.19	249
Iced Caffè Mocha - Oat	Tall	1274	305	15.3	10.2	36.3	25.8	5.2	3.0	0.26	165
	Grande	1659	397	20.5	13.8	46.0	33.3	6.7	3.7	0.33	170
	Venti	1863	446	21.8	14.6	54.2	38.9	7.8	4.4	0.38	249
Iced White Chocolate Mocha - Skimmed Milk	Tall	1280	305	12.9	9.6	38.5	36.5	0.0	8.6	0.33	150
	Grande	1697	405	17.8	13.3	50.2	48.2	0.0	10.8	0.43	150
	Venti	2027	483	19.2	14.3	63.4	60.4	0.0	14.2	0.55	225
Iced White Chocolate Mocha - Semi - skimmed Milk	Tall	1366	326	15.3	11.1	38.3	36.3	0.0	8.9	0.33	150
	Grande	1803	430	20.7	15.1	49.8	47.8	0.0	11.2	0.43	150
	Venti	2170	517	23.0	16.8	62.9	59.9	0.0	14.6	0.55	225
Iced White Chocolate Mocha - Whole Milk	Tall	1445	345	17.7	12.8	38.1	36.1	0.0	8.4	0.33	150
	Grande	1900	454	23.7	17.1	49.7	47.7	0.0	10.5	0.43	150
	Venti	2303	550	27.1	19.5	62.7	59.7	0.0	13.7	0.55	225
Iced White Chocolate Mocha - Soya	Tall	1313	313	15.1	10.0	35.9	33.9	0.7	8.1	0.35	150
	Grande	1737	415	20.5	13.8	47.0	45.0	0.8	10.2	0.45	150
	Venti	2082	497	22.8	15.0	59.0	56.0	1.1	13.3	0.57	225
Iced White Chocolate Mocha - Coconut	Tall	1312	314	16.8	13.3	36.4	33.9	0.3	4.3	0.27	150
	Grande	1737	415	22.5	17.8	47.5	45.0	0.3	5.5	0.35	150
	Venti	2081	497	25.6	20.5	59.7	56.0	0.5	6.9	0.45	225
Iced White Chocolate Mocha - Almond	Tall	1216	290	14.4	9.8	35.3	33.1	0.4	4.7	0.28	150
	Grande	1618	387	19.7	13.4	46.1	44.0	0.5	6.0	0.36	150
	Venti	1920	458	21.7	14.5	57.9	54.7	0.7	7.5	0.46	225
Iced White Chocolate Mocha - Oat	Tall	1514	361	16.5	11.8	46.6	38.8	2.7	5.4	0.37	150
	Grande	1986	474	22.2	15.9	60.1	51.0	3.4	6.8	0.48	150
	Venti	2419	577	25.1	17.9	76.9	64.3	4.6	8.7	0.62	225
Iced Caramel Macchiato - Skimmed Milk	Tall	548	129	0.9	0.5	23.3	20.8	0.0	7.0	0.20	150
	Grande	697	164	1.0	0.5	30.3	27.8	0.0	8.6	0.25	150
	Venti	845	199	1.0	0.5	37.5	33.9	0.0	10.0	0.28	225
Iced Caramel Macchiato - Semi - skimmed Milk	Tall	663	157	4.0	2.5	22.9	20.5	0.0	7.3	0.20	150
	Grande	841	199	4.9	3.0	29.8	27.3	0.0	9.1	0.25	150
	Venti	1009	239	5.4	3.3	37.0	33.4	0.0	10.5	0.28	225
Iced Caramel Macchiato - Whole Milk	Tall	769	183	7.3	4.7	22.7	20.3	0.0	6.6	0.20	150
	Grande	975	232	9.0	5.7	29.6	27.1	0.0	8.1	0.25	150
	Venti	1160	276	10.1	6.5	36.7	33.1	0.0	9.5	0.28	225
Iced Caramel Macchiato - Soya	Tall	592	141	3.8	1.0	19.8	17.4	0.9	6.3	0.22	150
	Grande	752	178	4.6	1.2	25.9	23.4	1.2	7.7	0.27	150
	Venti	908	215	5.2	1.2	32.6	28.9	1.3	9.0	0.31	225
Iced Caramel Macchiato - Coconut	Tall	591	141	6.0	5.4	20.3	17.4	0.4	1.1	0.12	150
	Grande	751	179	7.4	6.7	26.6	23.4	0.5	1.2	0.15	150
	Venti	906	216	8.3	7.5	33.4	28.9	0.5	1.7	0.16	225

STARBUCKS®
Autumn FY20 Beverage Nutritional Information

Product	Size	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbo-hydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Iced Caramel Macchiato - Almond	Tall	462	110	2.9	0.6	18.9	16.3	0.6	1.7	0.13	150
	Grande	589	140	3.5	0.7	24.8	22.0	0.7	1.9	0.16	150
	Venti	722	171	3.9	0.7	31.3	27.4	0.8	2.4	0.18	225
Iced Caramel Macchiato - Oat	Tall	861	205	5.7	3.4	34.0	23.9	3.7	2.6	0.26	150
	Grande	1091	259	6.9	4.1	43.9	31.7	4.6	3.1	0.32	150
	Venti	1292	307	7.8	4.6	52.9	38.3	5.2	3.7	0.36	225
Iced Matcha Tea - Skimmed milk	Tall	306	72	0.3	0.0	10.3	9.2	0.7	6.8	0.18	60
	Grande	394	93	0.4	0.1	13.2	11.6	1.1	8.7	0.23	90
	Venti	459	108	0.4	0.1	15.4	13.2	1.5	10.0	0.26	120
Iced Matcha Tea - Semi -skimmed milk	Tall	421	100	3.4	2.0	9.9	8.8	0.7	7.1	0.18	60
	Grande	539	128	4.3	2.6	12.8	11.1	1.1	9.1	0.23	90
	Venti	623	148	4.9	2.9	14.8	12.7	1.5	10.5	0.26	120
Iced Matcha Tea - Whole milk	Tall	527	126	6.7	4.2	9.7	8.6	0.7	6.4	0.18	60
	Grande	672	161	8.4	5.3	12.5	10.9	1.1	8.2	0.23	90
	Venti	774	185	9.6	6.0	14.6	12.4	1.5	9.5	0.26	120
Iced Matcha Tea - Soya	Tall	350	83	3.2	0.6	6.8	5.7	1.7	6.1	0.20	60
	Grande	450	107	4.0	0.7	8.9	7.2	2.3	7.8	0.25	90
	Venti	522	124	4.6	0.8	10.4	8.2	2.8	9.0	0.29	120
Iced Matcha Tea - Coconut	Tall	381	91	4.7	4.2	7.7	5.9	4.6	2.4	0.09	60
	Grande	488	117	5.9	5.3	10.0	7.5	5.9	3.2	0.11	90
	Venti	566	136	6.7	6.0	11.7	8.5	7.0	3.8	0.13	120
Iced Matcha Tea - Almond	Tall	220	53	2.3	0.2	5.9	4.6	1.3	1.5	0.11	60
	Grande	286	68	2.9	0.3	7.7	5.8	1.8	2.0	0.14	90
	Venti	336	80	3.3	0.3	9.1	6.7	2.3	2.5	0.16	120
Iced Matcha Tea - Oat	Tall	619	148	5.0	2.9	21.0	12.3	4.4	2.4	0.24	60
	Grande	789	188	6.3	3.7	26.8	15.5	5.7	3.2	0.30	90
	Venti	907	216	7.2	4.2	30.7	17.6	6.7	3.8	0.34	120
Iced Teavana™ Tea											
Blackberry Mojito Green Tea Lemonade	Tall	283	67	0.1	0.0	16.3	16.0	0.1	0.1	0.01	0
	Grande	376	89	0.1	0.0	21.7	21.3	0.1	0.1	0.02	0
	Venti	465	110	0.2	0.0	26.8	26.3	0.2	0.2	0.02	0
Iced Peach Green Tea Lemonade	Tall	285	67	0.1	0.0	16.4	15.7	0.1	0.1	0.01	0
	Grande	379	89	0.1	0.0	21.8	20.9	0.1	0.1	0.01	0
	Venti	469	110	0.2	0.0	27.0	25.9	0.2	0.2	0.01	0
Peach Citrus Tea	Tall	131	31	0.1	0.0	7.7	7.7	0.1	0.1	0.00	20
	Grande	175	41	0.1	0.0	10.3	10.3	0.1	0.1	0.00	25
	Venti	218	51	0.1	0.0	12.8	12.8	0.1	0.1	0.00	35
Peach Citrus Tea Unsweetened	Tall	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	20
	Grande	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	25
	Venti	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	35
Iced Shaken Mango Black Tea Lemonade	Tall	352	83	0.1	0.0	20.4	19.8	0.1	0.1	0.0	20
	Grande	469	110	0.1	0.0	27.1	26.3	0.2	0.1	0.0	25
	Venti	581	137	0.2	0.0	33.6	32.6	0.2	0.2	0.0	35
Iced Shaken Black Tea Lemonade	Tall	147	35	0.1	0.0	8.3	8.3	0.1	0.1	0.0	20
	Grande	196	46	0.1	0.0	11.1	11.1	0.1	0.1	0.0	25
	Venti	240	56	0.2	0.0	13.6	13.6	0.2	0.2	0.0	35
Iced Shaken Green Tea Lemonade	Tall	147	35	0.1	0.0	8.3	8.3	0.1	0.1	0.0	20
	Grande	196	46	0.1	0.0	11.1	11.1	0.1	0.1	0.0	25
	Venti	240	56	0.2	0.0	13.6	13.6	0.2	0.2	0.0	35
Iced Shaken Hibiscus Infusion Lemonade	Tall	147	35	0.1	0.0	8.3	8.3	0.1	0.1	0.0	0.0
	Grande	196	46	0.1	0.0	11.1	11.1	0.1	0.1	0.0	0.0
	Venti	240	56	0.2	0.0	13.6	13.6	0.2	0.2	0.0	0.0
Iced Shaken Hibiscus Infusion	Tall	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
	Grande	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
	Venti	0	0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0
Frappuccino®											
Coffee Frappuccino® - Skimmed Milk	Mini	593	142	7.3	5.2	16.9	16.8	0.0	2.2	0.25	42
	Tall	828	197	9.1	6.5	25.7	25.4	0.0	3.2	0.38	65
	Grande	1142	272	12.7	9.1	35.5	35.2	0.0	4.0	0.52	92
	Venti	1281	305	12.7	9.1	43.4	42.9	0.0	4.3	0.63	116
Coffee Frappuccino® - Semi -skimmed Milk	Mini	625	150	8.1	5.8	16.8	16.7	0.0	2.3	0.25	42
	Tall	878	210	10.4	7.4	25.5	25.3	0.0	3.4	0.38	65
	Grande	1203	287	14.4	10.2	35.3	35.0	0.0	4.2	0.52	92
	Venti	1348	322	14.5	10.3	43.2	42.7	0.0	4.5	0.63	116
Coffee Frappuccino® - Whole Milk	Mini	655	157	9.1	6.4	16.8	16.6	0.0	2.1	0.25	42
	Tall	924	221	11.9	8.3	25.4	25.2	0.0	3.1	0.38	65
	Grande	1259	301	16.1	11.3	35.2	34.9	0.0	3.8	0.52	92
	Venti	1410	337	16.5	11.6	43.1	42.6	0.0	4.1	0.63	116
Coffee Frappuccino® - Soya	Mini	605	145	8.1	5.4	16.0	15.8	0.3	2.0	0.25	42
	Tall	847	202	10.4	6.7	24.2	23.9	0.4	2.9	0.39	65
	Grande	1165	278	14.3	9.4	33.7	33.3	0.5	3.6	0.53	92
	Venti	1307	312	14.4	9.4	41.4	40.9	0.5	3.9	0.64	116
Coffee Frappuccino® - Coconut	Mini	614	147	8.5	6.4	16.2	15.8	1.1	0.9	0.22	42
	Tall	860	206	11.0	8.3	24.6	24.0	1.7	1.3	0.34	65
	Grande	1181	283	15.0	11.3	34.2	33.4	2.0	1.7	0.47	92
	Venti	1325	317	15.3	11.6	41.9	41.0	2.2	1.8	0.58	116
Coffee Frappuccino® - Almond	Mini	569	136	7.8	5.3	15.7	15.5	0.2	0.7	0.23	42
	Tall	790	189	10.0	6.6	23.8	23.4	0.2	0.9	0.35	65
	Grande	1096	262	13.8	9.2	33.2	32.7	0.3	1.2	0.48	92
	Venti	1231	294	13.9	9.2	40.8	40.3	0.3	1.2	0.59	116
Coffee Frappuccino® - Oat	Mini	682	163	8.6	6.0	20.0	17.6	1.0	0.9	0.26	42
	Tall	965	230	11.2	7.8	30.4	26.8	1.6	1.3	0.40	65
	Grande	1308	312	15.2	10.7	41.2	36.8	1.9	1.7	0.55	92
	Venti	1464	349	15.5	10.8	49.7	44.7	2.1	1.8	0.66	116
Caramel Frappuccino® - Skimmed Milk	Mini	782	187	8.5	6.0	25.2	24.4	0.0	2.3	0.29	42
	Tall	1074	256	10.7	7.5	36.6	35.6	0.0	3.3	0.43	64
	Grande	1477	352	14.8	10.4	50.5	49.2	0.0	4.1	0.58	91
	Venti	1722	410	15.4	10.8	63.1	61.4	0.0	4.5	0.72	117
Caramel Frappuccino® - Semi -skimmed Milk	Mini	815	194	9.4	6.6	25.1	24.3	0.0	2.4	0.29	42
	Tall	1124	268	12.0	8.4	36.5	35.5	0.0	3.5	0.43	64
	Grande	1537	367	16.4	11.5	50.3	49.0	0.0	4.3	0.58	91
	Venti	1789	426	17.3	12.0	62.9	61.1	0.0	4.8	0.72	117

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Caramel Frappuccino® - Whole Milk	Mini	845	202	10.3	7.2	25.0	24.3	0.0	2.2	0.29	42
	Tall	1170	279	13.5	9.3	36.4	35.4	0.0	3.2	0.43	64
	Grande	1593	380	18.2	12.6	50.3	48.9	0.0	3.9	0.58	91
	Venti	1851	441	19.2	13.3	62.8	61.0	0.0	4.3	0.72	117
Caramel Frappuccino® - Soya	Mini	795	190	9.4	6.2	24.2	23.4	0.3	2.0	0.29	42
	Tall	1093	261	12.0	7.7	35.1	34.1	0.4	3.0	0.43	64
	Grande	1500	358	16.3	10.7	48.7	47.3	0.5	3.8	0.59	91
	Venti	1748	416	17.2	11.1	61.1	59.3	0.5	4.1	0.73	117
Caramel Frappuccino® - Coconut	Mini	803	192	9.8	7.2	24.5	23.5	1.1	1.0	0.26	42
	Tall	1107	264	12.6	9.3	35.5	34.2	1.7	1.4	0.39	64
	Grande	1516	362	17.1	12.6	49.2	47.4	2.0	1.8	0.53	91
	Venti	1766	421	18.0	13.3	61.7	59.4	2.2	2.0	0.67	117
Caramel Frappuccino® - Almond	Mini	758	181	9.1	6.1	23.9	23.1	0.2	0.8	0.27	42
	Tall	1037	248	11.6	7.6	34.7	33.6	0.2	1.0	0.39	64
	Grande	1431	341	15.9	10.5	48.2	46.7	0.3	1.3	0.54	91
	Venti	1672	398	16.6	10.9	60.6	58.7	0.3	1.4	0.68	117
Caramel Frappuccino® - Oat	Mini	871	208	9.9	6.8	28.2	25.3	1.0	1.0	0.30	42
	Tall	1210	289	12.7	8.8	41.3	37.0	1.6	1.4	0.45	64
	Grande	1642	392	17.3	12.0	56.2	50.8	1.9	1.8	0.61	91
	Venti	1905	454	18.2	12.5	69.5	63.2	2.1	2.0	0.75	117
Mocha Frappuccino® - Skimmed Milk	Mini	643	154	7.5	5.4	19.2	18.9	0.3	2.2	0.25	45
	Tall	879	210	9.4	6.7	27.9	27.4	0.4	3.1	0.36	66
	Grande	1197	286	13.2	9.4	37.7	37.0	0.6	3.8	0.48	91
	Venti	1401	334	13.4	9.5	48.7	47.8	0.8	4.2	0.62	121
Mocha Frappuccino® - Semi-skimmed Milk	Mini	675	161	8.4	5.9	19.1	18.8	0.3	2.3	0.25	45
	Tall	927	221	10.7	7.6	27.7	27.3	0.4	3.2	0.36	66
	Grande	1254	299	14.7	10.4	37.5	36.9	0.6	3.9	0.48	91
	Venti	1467	350	15.2	10.7	48.5	47.6	0.8	4.5	0.62	121
Mocha Frappuccino® - Whole Milk	Mini	705	169	9.3	6.5	19.1	18.7	0.3	2.1	0.25	45
	Tall	971	232	12.1	8.5	27.6	27.2	0.4	2.9	0.36	66
	Grande	1306	312	16.3	11.5	37.4	36.8	0.6	3.6	0.48	91
	Venti	1527	364	17.0	11.9	48.4	47.5	0.8	4.0	0.62	121
Mocha Frappuccino® - Soya	Mini	655	157	8.3	5.5	18.2	17.9	0.6	2.0	0.25	45
	Tall	897	214	10.7	7.0	26.4	26.0	0.8	2.8	0.37	66
	Grande	1219	291	14.6	9.7	36.0	35.3	1.0	3.4	0.49	91
	Venti	1426	340	15.1	9.8	46.7	45.8	1.3	3.8	0.63	121
Mocha Frappuccino® - Coconut	Mini	664	159	8.7	6.5	18.5	18.0	1.4	0.9	0.22	45
	Tall	910	218	11.3	8.5	26.8	26.0	2.0	1.3	0.32	66
	Grande	1234	295	15.4	11.5	36.4	35.4	2.5	1.6	0.44	91
	Venti	1444	345	15.9	11.9	47.2	45.9	3.0	1.7	0.57	121
Mocha Frappuccino® - Almond	Mini	619	148	8.1	5.4	18.0	17.6	0.5	0.7	0.23	45
	Tall	843	202	10.3	6.8	26.1	25.5	0.7	0.9	0.33	66
	Grande	1155	276	14.2	9.5	35.5	34.8	0.9	1.2	0.45	91
	Venti	1352	323	14.5	9.6	46.2	45.2	1.1	1.2	0.58	121
Mocha Frappuccino® - Oat	Mini	732	175	8.8	6.2	22.3	19.8	1.3	0.9	0.26	45
	Tall	1009	241	11.4	7.9	32.4	28.7	2.0	1.3	0.38	66
	Grande	1351	323	15.5	10.8	43.0	38.6	2.4	1.6	0.51	91
	Venti	1580	377	16.1	11.2	54.8	49.6	2.9	1.7	0.65	121
Espresso Frappuccino® - Skimmed Milk	Mini	301	71	0.1	0.0	15.7	15.1	0.0	1.9	0.23	76
	Tall	416	98	0.1	0.0	21.6	20.8	0.0	2.7	0.32	105
	Grande	591	139	0.1	0.0	31.2	30.3	0.0	3.3	0.46	133
	Venti	724	170	0.1	0.0	38.7	37.7	0.0	3.6	0.57	154
Espresso Frappuccino® - Semi-skimmed Milk	Mini	333	79	0.9	0.6	15.6	15.0	0.0	2.0	0.23	76
	Tall	461	109	1.3	0.8	21.5	20.7	0.0	2.8	0.32	105
	Grande	649	153	1.7	1.0	31.1	30.1	0.0	3.5	0.46	133
	Venti	787	186	1.8	1.1	38.5	37.5	0.0	3.8	0.57	154
Espresso Frappuccino® - Whole Milk	Mini	363	86	1.9	1.2	15.5	14.9	0.0	1.8	0.23	76
	Tall	502	119	2.5	1.6	21.4	20.6	0.0	2.5	0.32	105
	Grande	702	166	3.3	2.1	31.0	30.0	0.0	3.2	0.46	133
	Venti	845	200	3.6	2.3	38.4	37.4	0.0	3.4	0.57	154
Espresso Frappuccino® - Soya	Mini	313	74	0.9	0.2	14.7	14.1	0.3	1.7	0.24	76
	Tall	433	102	1.2	0.2	20.3	19.5	0.4	2.4	0.33	105
	Grande	613	145	1.6	0.3	29.5	28.6	0.5	3.0	0.47	133
	Venti	748	177	1.7	0.3	36.3	35.8	0.5	3.2	0.58	154
Espresso® Frappuccino - Coconut	Mini	322	76	1.3	1.2	14.9	14.1	1.1	0.7	0.21	76
	Tall	445	105	1.8	1.6	20.6	19.5	1.5	0.9	0.28	105
	Grande	629	149	2.3	2.1	30.0	28.7	1.9	1.1	0.42	133
	Venti	765	181	2.5	2.3	37.3	35.9	2.1	1.2	0.52	154
Espresso® Frappuccino - Almond	Mini	277	65	0.6	0.1	14.4	13.8	0.2	0.4	0.21	76
	Tall	382	90	0.9	0.1	19.9	19.0	0.2	0.6	0.29	105
	Grande	549	129	1.1	0.1	29.1	28.0	0.3	0.7	0.42	133
	Venti	676	160	1.2	0.1	36.3	35.2	0.3	0.7	0.53	154
Espresso Frappuccino® - Oat	Mini	390	92	1.4	0.8	18.7	15.9	1.0	0.7	0.25	76
	Tall	538	127	1.9	1.1	25.9	22.0	1.4	0.9	0.34	105
	Grande	748	177	2.5	1.5	36.6	31.9	1.8	1.1	0.49	133
	Venti	896	212	2.7	1.6	44.6	39.4	2.0	1.2	0.60	154
Java Chip Frappuccino® - Skimmed Milk	Mini	797	190	9.5	6.9	23.5	22.6	0.8	2.4	0.30	46
	Tall	1105	264	12.3	9.0	34.1	32.8	1.1	3.5	0.44	68
	Grande	1538	367	17.3	12.7	47.5	45.8	1.6	4.5	0.61	96
	Venti	1786	426	18.6	13.7	58.7	56.5	1.9	5.0	0.76	122
Java Chip Frappuccino® - Semi-skimmed Milk	Mini	829	198	10.4	7.5	23.4	22.5	0.8	2.6	0.30	46
	Tall	1154	276	13.6	9.9	33.9	32.7	1.1	3.7	0.44	68
	Grande	1597	382	18.9	13.7	47.4	46.5	1.6	4.7	0.61	96
	Venti	1852	442	20.3	14.8	58.5	56.3	1.9	5.2	0.76	122
Java Chip Frappuccino® - Whole Milk	Mini	859	206	11.3	8.1	23.3	22.4	0.8	2.3	0.30	46
	Tall	1198	286	15.0	10.8	33.9	32.6	1.1	3.4	0.44	68
	Grande	1652	395	20.6	14.9	47.3	45.5	1.6	4.3	0.61	96
	Venti	1912	457	22.2	16.1	58.4	56.2	1.9	4.8	0.76	122
Java Chip Frappuccino® - Soya	Mini	809	194	10.3	7.1	22.5	21.6	1.0	2.2	0.30	46
	Tall	1124	269	13.6	9.3	32.6	31.4	1.5	3.2	0.45	68
	Grande	1561	373	18.8	13.0	45.8	44.0	2.0	4.2	0.62	96
	Venti	1812	432	20.2	14.0	56.8	54.5	2.5	4.6	0.77	122

STARBUCKS®
Autumn FY20 Beverage Nutritional Information

Product	Size	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbo-hydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Java Chip Frappuccino® - Almond	Mini	773	185	10.0	7.0	22.2	21.3	0.9	1.0	0.28	46
	Tall	1069	256	13.2	9.1	32.3	30.9	1.3	1.3	0.41	68
	Grande	1494	357	18.4	12.8	45.3	43.4	1.8	1.8	0.57	96
	Venti	1737	415	19.7	13.8	56.2	53.9	2.3	2.0	0.71	122
Java Chip Frappuccino® - Coconut	Mini	818	196	10.7	8.1	22.7	21.7	1.9	1.2	0.27	46
	Tall	1137	272	14.2	10.8	33.0	31.5	2.7	1.7	0.40	68
	Grande	1577	377	19.6	14.9	46.2	44.1	3.5	2.3	0.56	96
	Venti	1829	437	21.1	16.1	57.3	54.6	4.1	2.5	0.70	122
Java Chip Frappuccino® - Oat	Mini	886	212	10.8	7.8	26.5	23.5	1.8	1.2	0.31	46
	Tall	1237	296	14.3	10.3	38.6	34.2	2.7	1.7	0.46	68
	Grande	1700	406	19.8	14.2	53.1	47.4	3.4	2.3	0.64	96
	Venti	1956	469	21.3	15.3	64.9	58.3	4.0	2.5	0.79	122
White Chocolate Mocha Frappuccino® - Skimmed Milk	Mini	671	160	7.7	5.6	20.2	20.0	0.0	2.5	0.27	42
	Tall	927	221	9.8	7.1	29.7	29.4	0.0	3.6	0.39	62
	Grande	1317	314	13.9	10.1	42.4	42.1	0.0	4.7	0.54	86
	Venti	1459	347	13.9	10.1	50.5	50.1	0.0	5.1	0.66	112
White Chocolate Mocha Frappuccino® - Semi-Skimmed Milk	Mini	703	168	8.6	6.1	20.1	19.9	0.0	2.6	0.27	42
	Tall	975	233	11.1	7.9	29.5	29.3	0.0	3.8	0.39	62
	Grande	1374	328	15.5	11.1	42.3	41.9	0.0	4.9	0.54	86
	Venti	1524	363	15.7	11.2	50.3	49.9	0.0	5.3	0.66	112
White Chocolate Mocha Frappuccino® - Whole Milk	Mini	733	175	9.5	6.8	20.1	19.9	0.0	2.4	0.27	42
	Tall	1020	244	12.4	8.8	29.5	29.2	0.0	3.5	0.39	62
	Grande	1427	341	17.1	12.2	42.8	41.8	0.0	4.5	0.54	86
	Venti	1583	378	17.5	12.4	50.2	49.8	0.0	4.9	0.66	112
White Chocolate Mocha Frappuccino® - Soya	Mini	683	163	8.5	5.7	19.2	19.1	0.3	2.3	0.27	42
	Tall	945	226	11.0	7.3	28.2	28.0	0.4	3.3	0.40	62
	Grande	1339	320	15.4	10.4	40.7	40.4	0.5	4.3	0.55	86
	Venti	1484	354	15.6	10.4	48.6	48.1	0.5	4.6	0.67	112
White Chocolate Mocha Frappuccino® - Coconut	Mini	692	166	8.9	6.8	19.5	19.1	1.1	1.2	0.24	42
	Tall	958	229	11.6	8.8	28.6	28.1	1.6	1.8	0.36	62
	Grande	1354	324	16.1	12.2	41.2	40.5	1.9	2.5	0.50	86
	Venti	1501	358	16.4	12.4	49.1	48.2	2.2	2.6	0.61	112
White Chocolate Mocha Frappuccino® - Almond	Mini	647	155	8.3	5.6	19.0	18.8	0.2	1.0	0.25	42
	Tall	891	213	10.6	7.1	27.8	27.5	0.2	1.4	0.36	62
	Grande	1274	304	14.9	10.2	40.3	39.8	0.3	2.1	0.51	86
	Venti	1411	337	15.0	10.2	48.1	47.5	0.3	2.1	0.62	112
White Chocolate Mocha Frappuccino® - Oat	Mini	759	181	9.1	6.4	23.3	20.9	1.0	1.2	0.28	42
	Tall	1059	253	11.8	8.3	34.2	30.7	1.5	1.8	0.42	62
	Grande	1473	352	16.3	11.6	47.8	43.7	1.8	2.5	0.57	86
	Venti	1635	390	16.6	11.7	56.5	51.8	2.1	2.6	0.69	112
Vanilla Cream Frappuccino® - Skimmed Milk	Mini	605	144	7.3	5.2	17.0	16.7	0.0	2.7	0.26	0
	Tall	837	200	9.1	6.5	25.4	24.8	0.0	4.0	0.39	0
	Grande	1177	281	12.7	9.1	36.2	35.4	0.0	5.3	0.56	0
	Venti	1344	320	12.8	9.1	45.2	44.1	0.0	6.1	0.70	0
Vanilla Cream Frappuccino® - Semi-skimmed Milk	Mini	648	155	8.4	6.0	16.9	16.5	0.0	2.9	0.26	0
	Tall	902	216	10.9	7.6	25.2	24.6	0.0	4.3	0.39	0
	Grande	1262	301	15.1	10.6	35.9	35.1	0.0	5.6	0.56	0
	Venti	1445	344	15.5	10.9	44.9	43.8	0.0	6.4	0.70	0
Vanilla Cream Frappuccino® - Whole Milk	Mini	688	165	9.7	6.8	16.8	16.5	0.0	2.6	0.26	0
	Tall	963	230	12.8	8.9	25.1	24.5	0.0	3.8	0.39	0
	Grande	1341	321	17.5	12.2	35.8	34.9	0.0	5.1	0.56	0
	Venti	1537	367	18.3	12.8	44.7	43.7	0.0	5.8	0.70	0
Vanilla Cream Frappuccino® - Soya	Mini	621	149	8.4	5.4	15.7	15.4	0.3	2.5	0.27	0
	Tall	862	206	10.8	6.8	23.4	22.8	0.5	3.6	0.40	0
	Grande	1209	289	14.9	9.5	33.6	32.8	0.7	4.8	0.57	0
	Venti	1383	330	15.3	9.6	42.2	41.1	0.8	5.5	0.72	0
Vanilla Cream Frappuccino® - Coconut	Mini	633	152	8.9	6.8	16.1	15.4	1.4	1.1	0.23	0
	Tall	880	211	11.6	8.9	23.9	22.9	2.2	1.5	0.34	0
	Grande	1232	295	16.0	12.2	34.3	32.9	2.9	2.1	0.49	0
	Venti	1410	337	16.6	12.8	43.0	41.3	3.4	2.3	0.62	0
Vanilla Cream Frappuccino® - Almond	Mini	573	137	8.0	5.3	15.4	14.9	0.2	0.7	0.24	0
	Tall	788	188	10.3	6.6	22.9	22.2	0.3	1.0	0.35	0
	Grande	1113	266	14.2	9.2	32.9	32.0	0.4	1.4	0.50	0
	Venti	1269	303	14.5	9.3	41.4	40.2	0.5	1.5	0.64	0
Vanilla Cream Frappuccino® - Oat	Mini	723	173	9.1	6.3	21.1	17.8	1.4	1.1	0.28	0
	Tall	1016	243	11.8	8.2	31.5	26.6	2.1	1.5	0.43	0
	Grande	1410	337	16.3	11.3	44.2	37.7	2.7	2.1	0.60	0
	Venti	1618	386	16.9	11.7	54.6	46.8	3.2	2.3	0.75	0
Double Chocolatey Chip Cream Frappuccino® - Skimmed Milk	Mini	763	182	9.5	6.9	20.9	19.9	0.8	3.0	0.31	4
	Tall	1076	257	12.5	9.1	31.1	29.6	1.2	4.5	0.48	5
	Grande	1484	355	17.4	12.8	42.8	40.7	1.6	5.9	0.66	7
	Venti	1791	427	19.1	14.1	55.7	52.9	2.1	7.1	0.86	9
Double Chocolatey Chip Cream Frappuccino® - Semi-skimmed Milk	Mini	806	193	10.7	7.7	20.7	19.7	0.8	3.2	0.31	4
	Tall	1142	273	14.3	10.3	30.9	29.4	1.2	4.7	0.48	5
	Grande	1568	375	19.7	14.2	42.5	40.4	1.6	6.1	0.66	7
	Venti	1893	452	21.9	15.8	55.4	52.5	2.1	7.4	0.86	9
Double Chocolatey Chip Cream Frappuccino® - Whole Milk	Mini	846	203	11.9	8.5	20.7	19.6	0.8	2.9	0.31	4
	Tall	1204	288	16.2	11.5	30.8	29.3	1.2	4.3	0.48	5
	Grande	1645	394	22.1	15.8	42.4	40.3	1.6	5.6	0.66	7
	Venti	1988	475	24.8	17.8	55.2	52.4	2.1	6.8	0.86	9
Double Chocolatey Chip Cream Frappuccino® - Soya	Mini	763	182	9.5	6.9	20.9	19.9	0.8	3.0	0.31	4
	Tall	1076	257	12.5	9.1	31.1	29.6	1.2	4.5	0.48	5
	Grande	1484	355	17.4	12.8	42.8	40.7	1.6	5.9	0.66	7
	Venti	1791	427	19.1	14.1	55.7	52.9	2.1	7.1	0.86	9
Double Chocolatey Chip Cream Frappuccino® - Coconut	Mini	791	190	11.1	8.5	19.9	18.6	2.2	1.4	0.28	4
	Tall	1119	268	15.0	11.5	29.6	27.7	3.4	2.0	0.42	5
	Grande	1539	369	20.6	15.8	40.9	38.3	4.4	2.7	0.59	7
	Venti	1858	445	23.0	17.8	53.4	49.9	5.5	3.2	0.78	9
Double Chocolatey Chip Cream Frappuccino® - Almond	Mini	731	175	10.2	7.0	19.2	18.1	1.0	1.0	0.29	4
	Tall	1027	246	13.6	9.2	28.6	27.0	1.5	1.5	0.43	5
	Grande	1422	340	18.9	12.9	39.6	37.3	2.0	2.0	0.60	7
	Venti	1714	410	20.9	14.2	51.8	48.8	2.6	2.4	0.80	9

STARBUCKS®
Autumn FY20 Beverage Nutritional Information

Product	Size	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbo-hydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Double Chocolatey Chip Cream Frappuccino® - Oat	Mini	881	211	11.3	8.0	24.9	21.0	2.2	1.4	0.33	4
	Tall	1257	301	15.2	10.8	37.3	31.4	3.3	2.0	0.51	5
	Grande	1713	410	20.9	14.9	50.6	42.9	4.2	2.7	0.70	7
	Venti	2071	495	23.3	16.7	65.3	55.6	5.4	3.2	0.91	9
Strawberries & Cream Frappuccino® - Skimmed Milk	Mini	710	169	7.3	5.2	22.9	21.8	0.2	2.8	0.27	0
	Tall	964	229	9.2	6.5	32.5	31.1	0.3	4.0	0.38	0
	Grande	1318	314	12.8	9.1	44.3	42.3	0.5	5.1	0.52	0
	Venti	1529	364	12.9	9.1	55.8	53.2	0.6	5.9	0.65	0
Strawberries & Cream Frappuccino® - Semi-skimmed Milk	Mini	753	180	8.5	6.0	22.7	21.7	0.2	3.0	0.27	0
	Tall	1026	245	10.9	7.6	32.3	30.9	0.3	4.2	0.38	0
	Grande	1394	333	14.9	10.4	44.1	42.0	0.5	5.3	0.52	0
	Venti	1619	386	15.3	10.7	55.5	52.9	0.6	6.1	0.65	0
Strawberries & Cream Frappuccino® - Whole Milk	Mini	793	189	9.7	6.8	22.7	21.6	0.2	2.7	0.27	0
	Tall	1083	259	12.6	8.8	32.2	30.8	0.3	3.8	0.38	0
	Grande	1465	350	17.1	11.9	43.9	41.9	0.5	4.8	0.52	0
	Venti	1702	406	17.9	12.4	55.4	52.8	0.6	5.6	0.65	0
Strawberries & Cream Frappuccino® - Soya	Mini	726	173	8.4	5.4	21.6	20.5	0.6	2.6	0.28	0
	Tall	987	236	10.8	6.8	30.7	29.2	0.8	3.6	0.39	0
	Grande	1347	321	14.8	9.5	42.0	40.0	1.1	4.6	0.53	0
	Venti	1564	373	15.2	9.5	53.1	50.5	1.3	5.3	0.66	0
Strawberries & Cream Frappuccino® - Coconut	Mini	738	176	9.0	6.8	21.9	20.6	1.7	1.2	0.23	0
	Tall	1004	240	11.6	8.8	31.2	29.3	2.4	1.7	0.33	0
	Grande	1368	327	15.8	11.9	42.6	40.1	3.0	2.1	0.46	0
	Venti	1588	379	16.3	12.4	53.8	50.6	3.6	2.4	0.57	0
Strawberries & Cream Frappuccino® - Almond	Mini	677	162	8.1	5.3	21.2	20.1	0.4	0.9	0.24	0
	Tall	917	219	10.3	6.6	30.2	28.6	0.6	1.2	0.34	0
	Grande	1260	301	14.2	9.2	41.2	39.2	0.8	1.5	0.47	0
	Venti	1462	348	14.5	9.2	52.4	49.6	1.0	1.7	0.59	0
Strawberries & Cream Frappuccino® - Oat	Mini	827	198	9.1	6.3	26.9	23.0	1.6	1.2	0.29	0
	Tall	1133	270	11.7	8.1	38.4	32.8	2.3	1.7	0.41	0
	Grande	1527	364	16.0	11.1	51.5	44.3	2.9	2.1	0.55	0
	Venti	1775	423	16.6	11.4	64.2	55.6	3.4	2.4	0.69	0
Caramel Cream Frappuccino® - Skimmed Milk	Mini	748	179	8.6	6.0	22.6	21.7	0.0	2.8	0.30	0
	Tall	1027	245	10.7	7.5	32.9	31.7	0.0	4.2	0.45	0
	Grande	1387	331	14.8	10.4	44.1	42.4	0.0	5.3	0.60	0
	Venti	1656	394	15.5	10.8	57.4	55.1	0.0	6.3	0.79	0
Caramel Cream Frappuccino® - Semi-skimmed Milk	Mini	791	189	9.7	6.8	22.5	21.5	0.0	3.0	0.30	0
	Tall	1094	261	12.5	8.7	32.7	31.4	0.0	4.4	0.45	0
	Grande	1469	351	17.0	11.8	43.8	42.1	0.0	5.6	0.60	0
	Venti	1756	419	18.2	12.6	57.1	54.8	0.0	6.6	0.79	0
Caramel Cream Frappuccino® - Whole Milk	Mini	831	199	11.0	7.6	22.4	21.5	0.0	2.7	0.30	0
	Tall	1156	276	14.4	9.9	32.6	31.3	0.0	4.0	0.45	0
	Grande	1545	369	19.4	13.4	43.7	42.0	0.0	5.0	0.60	0
	Venti	1849	441	21.1	14.5	56.9	54.7	0.0	6.0	0.79	0
Caramel Cream Frappuccino® - Soya	Mini	765	183	9.7	6.2	21.3	20.4	0.3	2.6	0.31	0
	Tall	1053	251	12.4	7.8	30.9	29.6	0.5	3.8	0.46	0
	Grande	1419	339	16.9	10.8	41.6	39.9	0.7	4.8	0.62	0
	Venti	1694	404	18.0	11.3	54.4	52.1	0.8	5.7	0.80	0
Caramel Cream Frappuccino® - Coconut	Mini	776	186	10.2	7.6	21.6	20.4	1.4	1.2	0.27	0
	Tall	1071	256	13.3	9.9	31.4	29.7	2.2	1.7	0.40	0
	Grande	1441	345	17.9	13.4	42.3	40.1	2.7	2.2	0.54	0
	Venti	1721	411	19.3	14.5	55.2	52.3	3.4	2.5	0.71	0
Caramel Cream Frappuccino® - Almond	Mini	716	171	9.3	6.1	20.9	20.0	0.2	0.8	0.28	0
	Tall	978	234	11.9	7.6	30.4	29.0	0.3	1.2	0.41	0
	Grande	1326	317	16.2	10.5	41.0	39.1	0.4	1.5	0.55	0
	Venti	1581	377	17.2	11.0	53.6	51.2	0.5	1.7	0.72	0
Caramel Cream Frappuccino® - Oat	Mini	866	207	10.3	7.1	26.6	22.8	1.4	1.2	0.32	0
	Tall	1209	289	13.5	9.2	39.2	33.5	2.1	1.7	0.48	0
	Grande	1611	385	18.2	12.5	51.8	44.6	2.6	2.2	0.64	0
	Venti	1929	460	19.6	13.4	66.8	57.9	3.2	2.5	0.84	0
Chocolate Cream Frappuccino® - Skimmed Milk	Mini	628	150	7.6	5.4	17.5	16.9	0.4	2.7	0.26	4
	Tall	854	204	9.6	6.8	25.2	24.5	0.6	4.0	0.39	5
	Grande	1184	283	13.4	9.5	35.1	34.0	0.7	5.2	0.54	7
	Venti	1361	324	13.6	9.6	44.1	42.7	0.9	6.0	0.69	9
Chocolate Cream Frappuccino® - Semi-skimmed Milk	Mini	671	161	8.8	6.2	17.3	16.8	0.4	2.9	0.26	4
	Tall	919	220	11.3	7.9	25.0	24.3	0.6	4.2	0.39	5
	Grande	1267	303	15.6	10.9	34.8	33.7	0.7	5.4	0.54	7
	Venti	1459	348	16.2	11.3	43.8	42.4	0.9	6.3	0.69	9
Chocolate Cream Frappuccino® - Whole Milk	Mini	711	170	10.0	7.0	17.3	16.7	0.4	2.6	0.26	4
	Tall	978	234	13.1	9.1	24.9	24.2	0.6	3.8	0.39	5
	Grande	1343	321	18.0	12.5	34.7	33.6	0.7	4.9	0.54	7
	Venti	1550	370	19.0	13.2	43.6	42.3	0.9	5.7	0.69	9
Chocolate Cream Frappuccino® - Soya	Mini	645	154	8.7	5.6	16.2	15.6	0.8	2.5	0.27	4
	Tall	879	210	11.2	7.1	23.3	22.5	1.1	3.6	0.40	5
	Grande	1216	291	15.5	9.9	32.6	31.5	1.4	4.6	0.56	7
	Venti	1398	334	16.1	10.1	41.1	39.8	1.7	5.4	0.71	9
Chocolate Cream Frappuccino® - Coconut	Mini	656	157	9.3	7.0	16.5	15.7	1.8	1.1	0.23	4
	Tall	896	215	12.0	9.1	23.8	22.6	2.7	1.5	0.34	5
	Grande	1238	297	16.5	12.5	33.2	31.6	3.5	2.0	0.48	7
	Venti	1425	341	17.3	13.2	41.9	39.9	4.2	2.3	0.61	9
Chocolate Cream Frappuccino® - Almond	Mini	596	143	8.4	5.5	15.8	15.2	0.6	0.7	0.24	4
	Tall	806	193	10.7	6.9	22.8	21.9	0.9	1.0	0.35	5
	Grande	1122	269	14.8	9.6	31.9	30.7	1.1	1.4	0.49	7
	Venti	1287	308	15.3	9.7	40.3	38.8	1.4	1.5	0.63	9
Chocolate Cream Frappuccino® - Oat	Mini	746	178	9.4	6.5	21.5	18.1	1.8	1.1	0.28	4
	Tall	1030	246	12.2	8.4	31.3	26.2	2.6	1.5	0.42	5
	Grande	1410	337	16.8	11.6	42.8	36.2	3.4	2.0	0.58	7
	Venti	1629	389	17.6	12.1	53.3	45.4	4.1	2.3	0.74	9
White Chocolate Cream Frappuccino® - Skimmed	Mini	637	152	7.7	5.6	17.6	17.3	0.0	3.1	0.28	0
	Tall	890	212	9.8	7.1	26.5	26.0	0.0	4.6	0.43	0
	Grande	1267	302	14.0	10.2	38.1	37.4	0.0	6.0	0.59	0
	Venti	1411	336	14.0	10.2	45.6	44.7	0.0	6.9	0.74	0

Product	Size	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbo-hydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
White Chocolate Cream Frappuccino® - Semi- skimmed	Mini	680	163	8.9	6.3	17.5	17.2	0.0	3.2	0.28	0
	Tall	956	228	11.6	8.2	26.2	25.8	0.0	4.8	0.43	0
	Grande	1349	322	16.2	11.6	37.8	37.2	0.0	6.3	0.59	0
	Venti	1508	360	16.7	11.8	45.3	44.4	0.0	7.2	0.74	0
White Chocolate Cream Frappuccino® - Whole Milk	Mini	720	172	10.1	7.2	17.4	17.1	0.0	2.9	0.28	0
	Tall	1016	243	13.5	9.5	26.1	25.7	0.0	4.4	0.43	0
	Grande	1424	340	18.5	13.1	37.7	37.0	0.0	5.8	0.59	0
	Venti	1598	382	19.4	13.7	45.1	44.3	0.0	6.6	0.74	0
White Chocolate Cream Frappuccino® - Soya	Mini	654	156	8.8	5.8	16.3	16.0	0.3	2.8	0.29	0
	Tall	915	219	11.5	7.4	24.5	24.0	0.5	4.2	0.44	0
	Grande	1298	310	16.1	10.5	35.6	35.0	0.7	5.5	0.60	0
	Venti	1448	346	16.5	10.6	42.7	41.8	0.8	6.3	0.75	0
White Chocolate Cream Frappuccino® - Coconut	Mini	665	159	9.4	7.2	16.7	16.1	1.4	1.4	0.25	0
	Tall	933	223	12.3	9.5	25.0	24.1	2.2	2.1	0.38	0
	Grande	1320	316	17.1	13.1	36.3	35.1	2.7	2.9	0.53	0
	Venti	1474	353	17.7	13.7	43.4	42.0	3.3	3.2	0.66	0
White Chocolate Cream Frappuccino® - Almond	Mini	605	145	8.5	5.6	16.0	15.6	0.2	1.1	0.26	0
	Tall	840	201	11.0	7.2	23.9	23.4	0.3	1.5	0.39	0
	Grande	1207	288	15.4	10.3	35.0	34.2	0.4	2.3	0.54	0
	Venti	1338	320	15.7	10.3	41.9	40.9	0.5	2.4	0.68	0
White Chocolate Cream Frappuccino® - Oat	Mini	755	181	9.5	6.7	21.7	18.5	1.4	1.4	0.30	0
	Tall	1070	256	12.5	8.7	32.6	27.8	2.1	2.1	0.46	0
	Grande	1489	356	17.4	12.2	45.7	39.6	2.6	2.9	0.63	0
	Venti	1677	400	18.0	12.6	54.7	47.4	3.1	3.2	0.78	0
Cookie & Cream Frappuccino® - Skimmed Milk	Mini	1090	260	11.3	7.0	33.9	28.1	0.6	5.2	0.55	0
	Tall	1166	278	13.1	8.3	34.4	28.6	0.6	5.3	0.55	0
	Grande	1654	395	18.4	11.7	49.5	41.2	0.9	7.3	0.80	0
	Venti	1980	472	20.1	12.5	63.4	51.7	1.2	8.7	1.03	0
Cookie & Cream Frappuccino® - Semi- skimmed Milk	Mini	1162	277	13.3	8.3	33.7	27.9	0.6	5.5	0.55	0
	Tall	1237	296	15.1	9.6	34.1	28.3	0.6	5.6	0.55	0
	Grande	1749	418	21.0	13.4	49.2	40.9	0.9	7.6	0.80	0
	Venti	2095	500	23.3	14.5	63.0	52.3	1.2	9.1	1.03	0
Cookie & Cream Frappuccino® - Whole Milk	Mini	1227	293	15.3	9.6	33.6	27.8	0.6	5.0	0.55	0
	Tall	1303	312	17.1	10.9	34.0	28.2	0.6	5.1	0.55	0
	Grande	1838	439	23.8	15.2	49.0	40.8	0.9	7.0	0.80	0
	Venti	2202	526	26.6	16.6	62.8	52.1	1.2	8.4	1.03	0
Cookie & Cream Frappuccino® - Soya	Mini	1118	267	13.1	7.4	31.8	26.0	1.2	4.8	0.56	0
	Tall	1193	285	14.9	8.7	32.2	26.4	1.2	4.9	0.56	0
	Grande	1691	404	20.9	12.1	46.6	38.3	1.7	6.7	0.81	0
	Venti	2024	483	23.1	13.0	59.9	49.2	2.1	8.0	1.05	0
Cookie & Cream Frappuccino® - Coconut	Mini	1137	272	14.1	9.6	32.4	26.1	3.0	2.5	0.49	0
	Tall	1212	290	15.9	10.9	32.8	26.5	3.0	2.6	0.50	0
	Grande	1716	411	22.1	15.2	47.4	38.5	4.1	3.6	0.72	0
	Venti	2055	491	24.5	16.6	60.8	49.4	5.0	4.4	0.94	0
Cookie & Cream Frappuccino® - Almond	Mini	1037	248	12.6	7.1	31.2	25.3	1.0	2.0	0.50	0
	Tall	1113	266	14.4	8.4	31.7	25.7	1.0	2.1	0.51	0
	Grande	1583	378	20.1	11.8	45.8	37.4	1.4	2.9	0.74	0
	Venti	1894	452	22.2	12.6	59.0	48.1	1.7	3.4	0.96	0
Cookie & Cream Frappuccino® - Oat	Mini	1285	307	14.3	8.8	40.6	30.1	2.9	2.5	0.58	0
	Tall	1360	325	16.1	10.1	41.6	30.5	2.9	2.6	0.59	0
	Grande	1915	458	22.4	14.1	58.4	43.8	3.9	3.6	0.84	0
	Venti	2295	548	24.9	15.4	74.2	55.8	4.8	4.4	1.08	0
Match Tea Cream Frappuccino® - Skimmed Milk	Mini	628	150	7.3	5.2	17.7	16.7	0.5	3.1	0.26	36
	Tall	891	212	9.2	6.5	27.3	25.7	0.7	4.7	0.41	57
	Grande	1249	298	12.9	9.1	38.8	36.4	1.0	6.3	0.57	83
	Venti	1397	333	12.9	9.2	46.5	43.6	1.3	7.0	0.69	103
Matcha Tea Cream Frappuccino® - Semi- skimmed Milk	Mini	671	161	8.5	6.0	17.6	16.6	0.5	3.2	0.26	36
	Tall	958	229	11.0	7.7	27.1	25.5	0.7	4.9	0.41	57
	Grande	1337	319	15.2	10.7	38.5	36.1	1.0	6.5	0.57	83
	Venti	1496	357	15.6	10.9	46.2	43.3	1.3	7.3	0.69	103
Matcha Tea Cream Frappuccino® - Whole Milk	Mini	711	170	9.7	6.8	17.5	16.5	0.5	2.9	0.26	36
	Tall	1021	244	13.0	9.0	27.0	25.4	0.7	4.5	0.41	57
	Grande	1419	339	17.8	12.4	38.3	36.0	1.0	6.0	0.57	83
	Venti	1587	379	18.4	12.7	46.0	43.1	1.3	6.7	0.69	103
Matcha Tea Cream Frappuccino® - Soya	Mini	645	154	8.4	5.4	16.4	15.4	0.8	2.8	0.27	36
	Tall	917	219	10.9	6.8	25.3	23.7	1.3	4.3	0.42	57
	Grande	1283	307	15.1	9.6	36.1	33.8	1.7	5.7	0.59	83
	Venti	1435	342	15.4	9.6	43.5	40.6	2.1	6.4	0.70	103
Matcha Tea Cream Frappuccino - Coconut	Mini	656	157	9.0	6.8	16.8	15.5	1.9	1.4	0.23	36
	Tall	935	224	11.8	9.0	25.8	23.8	3.0	2.1	0.35	57
	Grande	1307	313	16.2	12.4	36.8	33.9	4.0	2.9	0.50	83
	Venti	1462	349	16.7	12.7	44.3	40.8	4.6	3.3	0.61	103
Matcha Tea Cream Frappuccino® - Almond	Mini	596	143	8.1	5.3	16.1	15.0	0.7	1.1	0.24	36
	Tall	840	201	10.4	6.6	24.8	23.0	1.0	1.6	0.36	57
	Grande	1183	283	14.4	9.3	35.4	32.9	1.5	2.2	0.52	83
	Venti	1324	316	14.6	9.3	42.7	39.7	1.8	2.5	0.63	103
Matcha Tea Cream Frappuccino® - Oat	Mini	746	178	9.1	6.3	21.8	17.9	1.8	1.4	0.28	36
	Tall	1076	257	12.0	8.2	33.7	27.6	2.9	2.1	0.44	57
	Grande	1490	356	16.5	11.4	47.0	38.8	3.8	2.9	0.62	83
	Venti	1667	398	17.0	11.6	55.8	46.3	4.4	3.3	0.74	103
Chai Tea Cream Frappuccino® - Skimmed Milk	Mini	648	155	7.3	5.2	19.3	19.0	0.4	2.8	0.27	14
	Tall	878	209	9.1	6.5	27.6	27.2	0.5	3.9	0.38	20
	Grande	1209	288	12.8	9.1	38.0	37.4	0.7	5.0	0.52	28
	Venti	1422	339	12.8	9.1	49.4	48.5	1.0	6.0	0.68	38
Chai Tea Cream Frappuccino® - Semi- skimmed Milk	Mini	691	165	8.5	6.0	19.2	18.9	0.4	2.9	0.27	14
	Tall	940	225	10.8	7.6	27.4	27.0	0.5	4.1	0.38	20
	Grande	1288	307	14.9	10.5	37.8	37.1	0.7	5.3	0.52	28
	Venti	1518	362	15.4	10.8	49.1	48.2	1.0	6.3	0.68	38
Chai Tea Cream Frappuccino® - Whole Milk	Mini	731	175	9.7	6.8	19.1	18.8	0.4	2.6	0.27	14
	Tall	998	239	12.6	8.8	27.3	26.9	0.5	3.7	0.38	20
	Grande	1360	325	17.1	12.0	37.7	37.0	0.7	4.8	0.52	28
	Venti	1606	383	18.1	12.6	49.0	48.1	1.0	5.7	0.68	38

Product	Size	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Chai Tea Cream Frappuccino® - Soya	Mini	665	159	8.4	5.4	18.0	17.7	0.7	2.5	0.27	14
	Tall	905	215	10.7	6.8	25.7	25.3	1.0	3.5	0.39	20
	Grande	1239	296	14.7	9.5	35.7	35.0	1.4	4.5	0.53	28
	Venti	1459	348	15.2	9.3	46.5	45.6	1.8	5.4	0.69	38
Chai Tea Cream Frappuccino® - Coconut	Mini	676	162	8.9	6.8	18.4	17.8	1.8	1.1	0.23	14
	Tall	919	220	11.5	8.8	26.2	25.4	2.6	1.6	0.33	20
	Grande	1260	302	15.7	12.0	36.3	35.1	3.4	2.0	0.46	28
	Venti	1485	355	16.4	12.6	47.3	45.8	4.2	2.3	0.60	38
Chai Tea Cream Frappuccino® - Almond	Mini	616	147	8.0	5.3	17.7	17.3	0.6	0.8	0.24	14
	Tall	831	199	10.2	6.6	25.2	24.7	0.8	1.1	0.34	20
	Grande	1151	275	14.1	9.2	35.0	34.3	1.1	1.4	0.47	28
	Venti	1351	322	14.5	9.3	45.8	44.7	1.4	1.6	0.62	38
Chai Tea Cream Frappuccino® - Oat	Mini	766	183	9.1	6.3	23.4	20.2	1.7	1.1	0.29	14
	Tall	1048	250	11.7	8.1	33.5	28.8	2.5	1.6	0.41	20
	Grande	1423	340	16.0	11.1	45.4	39.5	3.2	2.0	0.56	28
	Venti	1683	401	16.7	11.5	58.4	51.1	4.0	2.3	0.72	38
Autumn Promotion											
Pumpkin Spice Latte - Whole Milk	Short	800	192	10.6	7.3	19.5	18.7	2.1	3.6	0.12	56
	Tall	1256	301	15.7	10.7	31.4	29.8	3.1	6.9	0.23	113
	Grande	1643	393	20.9	14.3	40.6	39.0	4.1	8.5	0.29	113
	Venti	2011	481	24.1	16.3	51.8	49.5	5.1	11.6	0.39	169
Pumpkin Spice Latte - Semi-skimmed Milk	Short	747	179	8.9	6.2	19.6	18.8	2.1	3.9	0.12	56
	Tall	1151	275	12.5	8.5	31.5	30.0	3.1	7.6	0.23	113
	Grande	1512	361	16.9	11.6	40.9	39.3	4.1	9.4	0.29	113
	Venti	1830	437	18.5	12.6	52.1	49.8	5.1	12.8	0.39	169
Pumpkin Spice Latte - Skimmed Milk	Short	691	165	7.4	5.2	19.8	18.9	2.1	3.8	0.12	56
	Tall	1037	247	9.4	6.6	31.9	30.3	3.1	7.3	0.23	113
	Grande	1370	327	13.1	9.2	41.3	39.7	4.1	8.9	0.29	113
	Venti	1634	389	13.2	9.2	52.8	50.4	5.1	12.2	0.39	169
Pumpkin Spice Latte - Soya	Short	713	171	8.9	5.5	18.1	17.2	2.5	3.4	0.13	56
	Tall	1080	258	12.3	7.1	28.5	26.9	4.0	6.5	0.25	113
	Grande	1425	341	16.7	9.8	37.0	35.4	5.2	8.0	0.31	113
	Venti	1709	408	18.2	10.1	46.8	44.5	6.7	10.9	0.42	169
Pumpkin Spice Latte - Almond	Short	649	155	8.4	5.3	17.6	16.7	2.3	1.2	0.09	56
	Tall	951	228	11.4	6.7	27.5	25.8	3.6	2.0	0.16	113
	Grande	1265	303	15.5	9.4	35.9	34.1	4.8	2.4	0.20	113
	Venti	1487	356	16.6	9.5	45.3	42.6	6.1	3.1	0.26	169
Pumpkin Spice Latte - Oat	Short	845	202	9.8	6.7	25.1	20.5	3.9	1.6	0.15	56
	Tall	1348	322	14.1	9.4	42.6	33.4	6.7	2.9	0.28	113
	Grande	1757	420	18.9	12.8	54.6	43.5	8.6	3.5	0.36	113
	Venti	2169	518	21.3	14.2	71.2	55.7	11.4	4.7	0.48	169
Pumpkin Spice Latte - Coconut	Short	728	175	9.6	7.3	18.5	17.3	4.0	1.6	0.08	56
	Tall	1111	266	13.7	10.7	29.4	27.1	6.9	2.9	0.14	113
	Grande	1463	351	18.5	14.3	38.2	35.7	8.8	3.5	0.18	113
	Venti	1762	422	20.7	16.3	48.4	44.8	11.7	4.7	0.23	169
Vegan Pumpkin Spice Latte - Soya	Short	624	149	6.1	4.2	19.2	17.3	2.6	3.0	0.14	56
	Tall	970	231	8.9	5.5	29.9	26.9	4.0	6.0	0.26	113
	Grande	1270	303	11.9	7.6	39.0	35.5	5.3	7.3	0.32	113
	Venti	1554	370	13.4	7.8	48.8	44.5	6.7	10.2	0.43	169
Vegan Pumpkin Spice Latte - Almond	Short	560	134	5.7	4.0	18.8	16.7	2.4	0.8	0.09	56
	Tall	841	201	7.9	5.1	29.0	25.8	3.7	1.5	0.16	113
	Grande	1110	265	10.8	7.1	37.9	34.1	4.8	1.7	0.21	113
	Venti	1332	318	11.9	7.2	47.3	42.7	6.1	2.4	0.27	169
Vegan Pumpkin Spice Latte - Oat	Short	757	181	7.0	5.4	26.2	20.5	3.9	1.2	0.16	56
	Tall	1238	295	10.7	7.8	44.0	33.4	6.8	2.4	0.29	113
	Grande	1602	382	14.1	10.5	56.6	43.6	8.7	2.8	0.37	113
	Venti	2014	480	16.5	11.9	73.1	55.8	11.4	4.0	0.49	169
Vegan Pumpkin Spice Latte - Coconut	Short	639	153	6.8	6.0	19.7	17.4	4.0	1.2	0.09	56
	Tall	1000	239	10.3	9.1	30.8	27.1	6.9	2.4	0.15	113
	Grande	1308	313	13.7	12.1	40.1	35.7	8.9	2.8	0.19	113
	Venti	1607	384	15.9	14.1	50.4	44.9	11.7	4.0	0.24	169
Iced Pumpkin Spice Latte - Whole Milk	Tall	1232	295	15.4	10.5	30.9	29.4	3.1	6.6	0.22	113
	Grande	1619	388	20.6	14.1	40.2	38.6	4.1	8.2	0.28	113
	Venti	1726	413	20.3	13.9	46.8	44.5	5.1	8.1	0.28	169
		1132	270	12.3	8.4	31.1	29.5	3.1	7.3	0.22	113
Iced Pumpkin Spice Latte - Semi-skimmed Milk	Grande	1494	357	16.7	11.5	40.4	38.9	4.1	9.1	0.28	113
	Venti	1607	383	16.6	11.4	47.0	44.7	5.1	9.0	0.28	169
	Tall	1023	244	9.4	6.6	31.5	29.9	3.1	6.9	0.22	113
	Grande	1358	324	13.1	9.2	40.9	39.3	4.1	8.7	0.28	113
Iced Pumpkin Spice Latte - Skimmed Milk	Venti	1478	352	13.1	9.2	47.4	45.1	5.1	8.6	0.28	169
	Tall	1065	255	12.1	7.1	28.2	26.6	4.0	6.3	0.24	113
	Grande	1410	337	16.5	9.8	36.8	35.2	5.2	7.8	0.30	113
	Venti	1527	365	16.4	9.8	43.5	41.2	6.1	7.7	0.30	169
Iced Pumpkin Spice Latte - Soya	Tall	942	225	11.3	6.7	27.3	25.6	3.6	1.9	0.15	113
	Grande	1256	301	15.4	9.4	35.7	33.9	4.8	2.4	0.20	113
	Venti	1381	330	15.4	9.4	42.5	40.0	5.7	2.6	0.20	169
	Tall	1319	315	13.8	9.3	41.6	32.8	6.5	2.8	0.27	113
Iced Pumpkin Spice Latte - Almond	Grande	1729	413	18.7	12.6	53.6	43.0	8.4	3.5	0.35	113
	Venti	1830	437	18.4	12.4	59.5	48.6	9.2	3.6	0.34	169
	Tall	1094	262	13.5	10.5	29.0	26.8	6.7	2.8	0.13	113
	Grande	1446	347	18.3	14.1	37.9	35.4	8.6	3.5	0.17	113
Iced Pumpkin Spice Latte - Coconut	Venti	1562	374	18.0	13.9	44.6	41.4	9.4	3.6	0.18	169
	Tall	954	228	8.7	5.4	29.6	26.6	4.0	5.8	0.25	113
	Grande	1255	299	11.7	7.5	38.7	35.2	5.2	7.1	0.31	113
	Venti	1372	327	11.6	7.5	45.5	41.2	6.2	7.0	0.31	169
Iced Vegan Pumpkin Spice Latte - Soya	Tall	832	198	7.8	5.1	28.7	25.6	3.7	1.4	0.16	113
	Grande	1101	263	10.7	7.1	37.7	33.9	4.8	1.7	0.21	113
	Venti	1226	292	10.6	7.1	44.5	40.0	5.8	1.9	0.21	169
	Tall	1209	288	10.4	7.7	43.0	32.8	6.6	2.3	0.28	113
Iced Vegan Pumpkin Spice Latte - Almond	Grande	1574	376	13.9	10.4	55.6	43.0	8.5	2.8	0.36	113
	Venti	1675	399	13.7	10.2	61.5	48.6	9.3	2.9	0.35	169
	Tall	983	235	10.1	8.9	30.5	26.8	6.8	2.3	0.14	113
	Grande	1292	309	13.5	11.9	39.8	35.4	8.7	2.8	0.18	113
Iced Vegan Pumpkin Spice Latte - Coconut	Venti	1407	336	13.2	11.6	46.5	41.4	9.5	2.9	0.19	169
	Mini	788	188	9.7	6.8	21.9	21.5	1.3	2.6	0.27	0
	Tall	1128	269	12.9	9.0	33.4	32.8	1.9	3.9	0.42	0
	Grande	1549	370	17.6	12.2	46.5	45.7	2.7	5.0	0.58	0

STARBUCKS®
 Autumn FY20 Beverage Nutritional Information

Product	Size	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbo-hydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Pumpkin Spice Crème Frappuccino® - Semi-skimmed Milk	Venti	1821	434	18.6	12.8	59.2	58.3	3.6	5.9	0.73	0
	Mini	748	179	8.5	6.0	22.0	21.6	1.3	2.9	0.27	0
	Tall	1066	254	11.0	7.7	33.5	32.9	1.9	4.4	0.42	0
	Grande	1471	351	15.2	10.6	46.6	45.9	2.7	5.6	0.58	0
Pumpkin Spice Crème Frappuccino® - Skimmed Milk	Venti	1729	412	15.7	10.9	59.4	58.4	3.6	6.5	0.73	0
	Mini	705	168	7.3	5.2	22.1	21.7	1.3	2.8	0.27	0
	Tall	1000	238	9.2	6.5	33.7	33.1	1.9	4.1	0.42	0
	Grande	1386	330	12.9	9.2	46.9	46.1	2.7	5.3	0.58	0
Pumpkin Spice Crème Frappuccino® - Soya	Venti	1629	387	13.0	9.2	59.7	58.8	3.6	6.2	0.73	0
	Mini	721	172	8.4	5.4	20.8	20.4	1.6	2.5	0.28	0
	Tall	1025	245	10.9	6.8	31.7	31.1	2.5	3.7	0.43	0
	Grande	1419	339	15.1	9.5	44.3	43.6	3.4	4.8	0.59	0
Pumpkin Spice Crème Frappuccino® - Almond	Venti	1667	397	15.5	9.6	56.7	55.7	4.4	5.5	0.75	0
	Mini	673	161	8.1	5.3	20.5	20.0	1.5	0.8	0.25	0
	Tall	950	227	10.4	6.6	31.1	30.5	2.3	1.1	0.38	0
	Grande	1323	316	14.4	9.3	43.7	42.8	3.1	1.4	0.52	0
Pumpkin Spice Crème Frappuccino® - Oat	Venti	1554	370	14.7	9.3	55.9	54.8	4.1	1.5	0.67	0
	Mini	823	197	9.1	6.3	26.2	22.9	2.6	1.1	0.29	0
	Tall	1182	282	12.0	8.2	39.9	34.9	4.1	1.6	0.45	0
	Grande	1617	386	16.4	11.3	54.8	48.4	5.4	2.1	0.62	0
Pumpkin Spice Crème Frappuccino® - Coconut	Venti	1902	453	17.1	11.7	69.1	61.5	6.8	2.3	0.78	0
	Mini	733	175	9.0	6.8	21.2	20.5	2.7	1.1	0.24	0
	Tall	1043	249	11.8	9.0	32.2	31.2	4.2	1.6	0.37	0
	Grande	1441	345	16.1	12.2	45.0	43.7	5.6	2.1	0.51	0
Vegan Pumpkin Spice Crème Frappuccino® - Soya	Venti	1694	404	16.8	12.8	57.5	55.9	6.9	2.3	0.65	0
	Mini	633	151	5.7	4.1	22.0	20.5	1.7	2.1	0.29	0
	Tall	914	218	7.5	5.2	33.1	31.1	2.5	3.2	0.44	0
	Grande	1264	301	10.3	7.3	46.3	43.6	3.5	4.1	0.60	0
Vegan Pumpkin Spice Crème Frappuccino® - Almond	Venti	1512	359	10.7	7.4	58.7	55.8	4.4	4.8	0.76	0
	Mini	584	139	5.4	4.0	21.6	20.0	1.5	0.4	0.25	0
	Tall	839	200	7.0	5.0	32.5	30.5	2.3	0.6	0.38	0
	Grande	1168	278	9.6	7.0	45.6	42.8	3.2	0.7	0.53	0
Vegan Pumpkin Spice Crème Frappuccino® - Oat	Venti	1399	333	9.9	7.0	57.9	54.8	4.1	0.8	0.68	0
	Mini	734	175	6.4	5.0	27.3	22.9	2.7	0.7	0.30	0
	Tall	1071	255	8.6	6.6	41.4	35.0	4.1	1.1	0.46	0
	Grande	1462	348	11.6	9.0	56.8	48.5	5.5	1.4	0.63	0
Vegan Pumpkin Spice Crème Frappuccino® - Coconut	Venti	1747	416	12.3	9.4	71.1	61.5	6.8	1.6	0.79	0
	Mini	644	154	6.3	5.5	22.3	20.5	2.7	0.7	0.25	0
	Tall	932	222	8.4	7.4	33.6	31.2	4.2	1.1	0.37	0
	Grande	1287	307	11.3	10.0	47.0	43.8	5.6	1.4	0.52	0
Pumpkin Spice Coffee Frappuccino® - Whole Milk	Venti	1529	366	12.0	10.6	59.5	55.9	7.0	1.6	0.66	0
	Mini	801	191	9.1	6.4	24.6	24.3	1.3	2.1	0.26	42
	Tall	1165	278	12.1	8.4	38.4	37.9	2.0	3.1	0.40	66
	Grande	1506	359	16.0	11.2	48.9	48.5	2.6	3.6	0.51	86
Pumpkin Spice Coffee Frappuccino® - Semi-skimmed Milk	Venti	1812	432	16.7	11.6	64.6	64.1	3.5	4.2	0.66	116
	Mini	771	184	8.2	5.8	24.6	24.4	1.3	2.3	0.26	42
	Tall	1117	266	10.6	7.4	38.3	38.0	2.0	3.5	0.40	66
	Grande	1453	346	14.4	10.1	49.0	48.6	2.6	4.0	0.51	86
Pumpkin Spice Coffee Frappuccino® - Skimmed Milk	Venti	1750	417	14.7	10.3	64.7	64.2	3.5	4.6	0.66	116
	Mini	739	176	7.3	5.2	24.7	24.5	1.3	2.2	0.26	42
	Tall	1066	254	9.2	6.5	38.5	38.1	2.0	3.3	0.40	66
	Grande	1396	333	12.9	9.1	49.2	48.8	2.6	3.8	0.51	86
Pumpkin Spice Coffee Frappuccino® - Soya	Venti	1683	400	12.9	9.2	64.9	64.4	3.5	4.4	0.66	116
	Mini	751	179	8.2	5.4	23.7	23.5	1.5	2.0	0.26	42
	Tall	1086	259	10.5	6.8	36.9	36.6	2.4	3.0	0.41	66
	Grande	1418	338	14.3	9.4	47.5	47.0	3.0	3.5	0.52	86
Pumpkin Spice Coffee Frappuccino® - Almond	Venti	1709	407	14.6	9.5	62.9	62.4	4.0	3.9	0.67	116
	Mini	714	171	7.9	5.3	23.5	23.2	1.4	0.7	0.24	42
	Tall	1028	245	10.1	6.6	36.5	36.1	2.2	0.9	0.37	66
	Grande	1354	323	13.9	9.2	47.0	46.5	2.8	1.2	0.47	86
Pumpkin Spice Coffee Frappuccino® - Oat	Venti	1633	389	14.1	9.3	62.3	61.7	3.8	1.3	0.62	116
	Mini	827	197	8.7	6.0	27.8	25.4	2.3	0.9	0.27	42
	Tall	1206	288	11.3	7.8	43.3	39.5	3.6	1.3	0.43	66
	Grande	1552	370	15.2	10.6	54.5	50.3	4.4	1.6	0.54	86
Pumpkin Spice Coffee Frappuccino® - Coconut	Venti	1866	444	15.7	10.9	71.2	66.2	5.6	1.8	0.70	116
	Mini	760	182	8.6	6.4	24.0	23.6	2.4	0.9	0.23	42
	Tall	1100	262	11.2	8.4	37.3	36.7	3.7	1.3	0.36	66
	Grande	1433	342	15.0	11.2	47.9	47.1	4.5	1.6	0.46	86
Vegan Pumpkin Spice Coffee Frappuccino® - Soya	Venti	1727	412	15.5	11.6	63.4	62.5	5.7	1.8	0.61	116
	Mini	663	158	5.4	4.1	24.9	23.5	1.6	1.6	0.27	42
	Tall	975	232	7.1	5.2	38.3	36.6	2.4	2.5	0.42	66
	Grande	1263	300	9.5	7.1	49.4	47.1	3.1	2.8	0.53	86
Vegan Pumpkin Spice Coffee Frappuccino® - Almond	Venti	1554	369	9.8	7.2	64.9	62.4	4.0	3.2	0.69	116
	Mini	626	149	5.2	4.0	24.6	23.2	1.5	0.3	0.24	42
	Tall	917	218	6.7	5.0	37.9	36.1	2.3	0.4	0.38	66
	Grande	1199	285	9.1	7.0	49.0	46.5	2.9	0.5	0.48	86
Vegan Pumpkin Spice Coffee Frappuccino® - Oat	Venti	1478	351	9.3	7.0	64.3	61.8	3.8	0.6	0.63	116
	Mini	739	176	5.9	4.8	28.9	25.4	2.3	0.5	0.28	42
	Tall	1096	261	7.9	6.2	44.7	39.5	3.7	0.8	0.43	66
	Grande	1397	332	10.4	8.3	56.5	50.3	4.4	0.9	0.55	86
Vegan Pumpkin Spice Coffee Frappuccino® - Coconut	Venti	1712	407	10.9	8.6	73.2	66.2	5.6	1.1	0.71	116
	Mini	671	160	5.8	5.1	25.1	23.6	2.4	0.5	0.24	42
	Tall	989	235	7.8	6.8	38.7	36.7	3.7	0.8	0.37	66
	Grande	1279	304	10.2	9.0	49.9	47.2	4.5	0.9	0.47	86
Mocha Praline Macchiato - Whole Milk	Venti	1572	374	10.7	9.3	65.4	62.5	5.8	1.1	0.62	116
	Short	561	134	5.4	3.4	16.4	15.3	0.6	4.6	0.14	51
	Tall	998	238	9.3	5.9	30.1	27.9	1.1	7.9	0.24	107
	Grande	1328	316	11.9	7.6	41.5	38.9	1.6	9.9	0.30	111
Venti	1658	395	14.4	9.2	53.2	49.7	2.1	11.9	0.36	152	

Product	Size	Energy (KJ)	Energy (Kcal)	Fat (g)	Of which saturated (g)	Carbo-hydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Mocha Praline Macchiato - Semi-skimmed Milk	Short	482	114	3.0	1.8	16.6	15.5	0.6	5.1	0.14	51
	Tall	864	205	5.1	3.1	30.4	28.1	1.1	8.8	0.24	107
	Grande	1157	274	6.6	4.1	41.8	39.2	1.6	11.1	0.30	111
	Venti	1453	345	8.1	4.9	53.6	50.0	2.1	13.3	0.36	152
Mocha Praline Macchiato - Skimmed Milk	Short	397	94	0.7	0.3	16.8	15.7	0.6	4.8	0.14	51
	Tall	718	169	1.2	0.6	30.8	28.6	1.1	8.4	0.24	107
	Grande	972	229	1.6	0.8	42.4	39.8	1.6	10.5	0.30	111
	Venti	1231	291	2.1	1.1	54.3	50.7	2.1	12.6	0.36	152
Mocha Praline Macchiato - Soya	Short	430	102	2.8	0.7	14.3	13.2	1.3	4.3	0.15	51
	Tall	773	184	4.9	1.3	26.4	24.2	2.3	7.4	0.26	107
	Grande	1043	248	6.3	1.7	36.8	34.2	3.1	9.3	0.33	111
	Venti	1316	312	7.7	2.1	47.6	44.0	3.8	11.2	0.40	152
Mocha Praline Macchiato - Almond	Short	333	79	2.1	0.5	13.6	12.3	1.0	0.9	0.08	51
	Tall	608	144	3.7	0.8	25.3	22.8	1.8	1.6	0.14	107
	Grande	833	198	4.9	1.1	35.4	32.4	2.5	1.9	0.18	111
	Venti	1066	253	6.0	1.4	45.8	41.9	3.1	2.4	0.22	152
Mocha Praline Macchiato - Oat	Short	630	150	4.2	2.5	24.8	18.0	3.3	1.6	0.18	51
	Tall	1116	265	7.2	4.3	44.5	32.6	5.7	2.8	0.31	107
	Grande	1477	351	9.3	5.5	59.8	44.8	7.5	3.4	0.39	111
	Venti	1837	437	11.3	6.7	75.1	56.7	9.1	4.2	0.47	152
Mocha Praline Macchiato - Coconut	Short	453	108	3.9	3.4	14.9	13.3	3.5	1.6	0.07	51
	Tall	813	194	6.7	5.9	27.6	24.4	6.0	2.8	0.12	107
	Grande	1093	261	8.7	7.6	38.3	34.5	7.8	3.4	0.15	111
	Venti	1376	328	10.6	9.2	49.4	44.4	9.5	4.2	0.18	152
Iced Mocha Praline Macchiato - Whole Milk	Tall	870	207	7.5	4.8	28.0	25.6	1.1	6.4	0.19	123
	Grande	1160	276	9.6	6.1	38.7	35.8	1.6	7.9	0.24	128
	Venti	1423	338	11.1	7.1	49.4	45.3	2.1	9.2	0.27	189
	Tall	764	181	4.2	2.6	28.2	25.8	1.1	7.1	0.19	123
Iced Mocha Praline Macchiato - Semi-skimmed Milk	Grande	1026	243	5.5	3.3	38.9	36.1	1.6	8.8	0.24	128
	Venti	1272	301	6.4	3.9	49.7	45.6	2.1	10.2	0.27	189
	Tall	649	153	1.1	0.6	28.6	26.1	1.1	6.7	0.19	123
	Grande	882	208	1.6	0.8	39.4	36.5	1.6	8.4	0.24	128
Iced Mocha Praline Macchiato - Skimmed	Venti	1108	261	2.0	1.1	50.2	46.1	2.1	9.7	0.27	189
	Tall	693	165	4.0	1.1	25.1	22.7	2.0	6.0	0.20	123
	Grande	937	222	5.2	1.5	35.0	32.2	2.7	7.4	0.26	128
	Venti	1170	278	6.2	1.8	45.2	41.2	3.4	8.6	0.29	189
Iced Mocha Praline Macchiato - Almond	Tall	564	134	3.1	0.8	24.2	21.6	1.6	1.5	0.11	123
	Grande	774	184	4.1	1.0	33.9	30.8	2.3	1.7	0.14	128
	Venti	985	234	4.9	1.3	43.9	39.6	2.8	2.1	0.16	189
	Tall	963	229	5.8	3.5	39.3	29.2	4.7	2.4	0.24	123
Iced Mocha Praline Macchiato - Oat	Grande	1276	303	7.5	4.5	53.0	40.4	6.2	2.8	0.30	128
	Venti	1555	369	8.8	5.2	65.6	50.5	7.3	3.4	0.35	189
	Tall	724	173	5.5	4.8	26.0	22.8	4.9	2.4	0.10	123
	Grande	976	232	7.1	6.1	36.2	32.4	6.4	2.8	0.12	128
Iced Mocha Praline Macchiato - Coconut	Venti	1215	289	8.3	7.1	46.5	41.4	7.5	3.4	0.14	189